

The True Meaning of a Leader: *Leading with Style!*

Pamela E. Windle, MS, RN, NE-BC, CPAN, CAPA, FAAN
ASPAN Past President 2006-2007
Nurse Manager; St. Luke's Episcopal Hospital
Houston, Texas 77030

This session will describe leadership traits, characteristics and behaviors. In addition, potential opportunities will be discussed in order to grow professionally throughout the perianesthesia practice.

Objectives:

1. Discuss what it takes to be a great nurse. Differentiate a manager and a leader.
2. Describe leadership traits and qualities necessary for the right person as a leader.
3. Identify opportunities available for perianesthesia nurses to grow professionally and maximize their potential.

Outline:

- I. Define:
 - a. Manager
 - b. Leader

- II. A Great Nurse:
 1. Professional stability
 2. Faith
 3. Health
 4. Family

- III. Leadership traits:
 1. Self Confidence
 2. Courage
 3. Growth
 4. Communication
 5. Appreciation

- IV. Personal Qualities of a Leader:
 1. Exemplary character
 2. Enthusiastic
 3. Confident
 4. Calm and composed

5. Analytical thinkers
6. Function in a purposeful manner
7. Committed to Excellence

- V. Opportunities to grow professionally as Board Directors and Committee members:
- a. District level
 - b. Component level
 - c. National level

- VI. Questions and Answers