



# Eyeopener

Newsletter of the Texas Association of PeriAnesthesia Nurses

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## Towering Opportunities and Endless Possibilities!

**How** does one measure excellence? A simple word carrying a multitude of meanings and possibilities. In our everyday lives we constantly dream, work hard, and struggle for it. We may say, "I am an excellent nurse, providing the most excellent patient care". But what truly defines excellent care and an excellent nurse? This is the theme of our new ASPAN President Sue Carter. There are endless possibilities to define and achieve excellence. It is the very foundation of our role as PeriAnesthesia nurses as we reach out and give our best in service to our patients and families, our community, our specialty, and our organization. We are that foundation of excellence with endless possibilities.

National Conference in Orlando brought forth both challenges and inspiration to bring back to our workplace and our organization. We experienced renewed passion through networking, inspiring speakers, and the Representative Assembly (RA) meeting with ASPAN leaders. Members were welcome to listen in and participate.



Hermie Robles, RN, BSN, CPAN  
*TAPAN President 2011-2013*

RA is the policy determining structure of ASPAN. It has the power to revise and/or amend ASPAN Bylaws and acts upon and formally approves resolutions and ASPAN's position and recommendations on certain nursing issues or guidelines concerning PeriAnesthesia nursing practices. Six resolutions with ASPAN Position Statements were brought to the RA for discussions and approval. Position statements on Substance Abuse in PeriAnesthesia settings, Transparency in the ASPAN Election, Resolution to approve the new PeriAnesthesia Nursing Standards, Practice Recommendations, and Interpretative Statements 2012-2014 were all presented, discussed and approved. Resolutions and proposals on the Increase in membership dues, Joanna Briggs Institute membership proposal to include

a fee of \$2.00 per members, and Practice Recommendations for OSA patients brought lengthy discussions with lots of questions from members of the assembly. All these proposals and resolutions were voted upon in a formal session after all members of RA came to an agreeable resolution. Position Statements and resolutions will be disseminated to all members through the ASPAN website. Look forward to a small increase in membership dues which would allow members to access the Joanna Briggs Institute website for available Evidence Based Practice. Check out the approved guidelines for OSA patients, and the new format of the ASPAN Guidelines and Recommendation book, with interpretative statements added as a sidebar to provide clarifications or examples to support interpretation of standards. I was proud to be part of RA representing TAPAN, along with Pru Nietupski. Our votes cast as your representatives were in the best interest of our component members and every patient entrusted to our care.

TAPAN won the Shining Star Award, now three years in a row! This shows how we value our profession by promoting

## TAPAN Board of Directors

### *President*

Herminia Robles RN, BSN,  
CPAN  
Houston, TX  
[hrobles@slch.com](mailto:hrobles@slch.com)

### *1<sup>st</sup> Vice President/*

### *President Elect*

Prudence Nietupski, RN,  
BSN, CAPA  
Richardson, TX  
[Pru\\_nietupski@yahoo.com](mailto:Pru_nietupski@yahoo.com)

### *2<sup>nd</sup> Vice President*

Deborah Davis, RN, BSN,  
CPAN  
Missouri City, TX  
[djdavis@texaschildrenshospital.org](mailto:djdavis@texaschildrenshospital.org)

### *Treasurer*

Debra Bennett, RN, BSN,  
CAPA  
San Antonio, TX  
[www.ccldebb@msn.com](mailto:www.ccldebb@msn.com)

### *Secretary*

Sylva L. McClurkin, RN,  
MSN, CAPA  
Upper Gulf Coast Region  
[dmcclurkin@comcast.net](mailto:dmcclurkin@comcast.net)

### *Past President*

Susan Norris RN, BScN,  
CAPA  
Houston, TX  
[snorris96@comcast.net](mailto:snorris96@comcast.net)

## American Society of PeriAnesthesia Nurses 2012 Summer/Fall Seminar Series

### Perianesthesia Certification Review

#### Presented by:

Lois Schick, MN, MBA, RN, CPAN, CAPA

**Date:** Saturday, July 21, 2012  
**Time:** 7:30 AM Registration  
AM Coffee/tea service – Lunch is on your own  
**Program Time:** 8:00 AM – 4:55 PM  
**Location:** St Luke's Episcopal Hospital  
Denton A Cooley Auditorium – B1 Green Elevators  
6720 Bertner Avenue  
Houston, TX 77030  
[www.stlukestexas.com](http://www.stlukestexas.com)

#### 7.25 Contact Hours

Register online at [www.aspan.org](http://www.aspan.org)

#### Topics Include:

- \* Mechanics of the Exams
- \* Review of Anesthesia
- \* Examining the ASPAN Standards
- \* Special Populations: Pediatric, Geriatric and Pregnant Patients
- \* Critical Thinking in Clinical Practice and Certification Testing
- \* Test Taking Prep: Setting Yourself Up for Success

#### Target Audience:

Perianesthesia nurses assessing their readiness for certification examinations, or preparing for certification examinations, or those who want an overall review of their practice

#### Purpose/Goal:

To provide the ambulatory and perianesthesia nurse with content to stimulate critical thinking to prepare for either the CAPA®/CPAN® certification review

#### Overall Program Objectives:

1. Review key topics essential for preparation for both perianesthesia certification exams
2. Discuss critical thinking and exam taking techniques

**Remember:** A printed syllabus will not be provided. A link to the handout will be sent to you in your emailed confirmation letter. It is your decision to print all or part of the handout and bring it with you or to download the material to your computer.

#### Fee Schedule

ASPAN Member: Early Bird Fee (4 weeks prior to seminar).....\$115.00  
ASPAN Member Regular Fee.....\$152.00  
ASPAN Member with CAPA®/CPAN® certification may deduct \$10.00 from registration fee  
ASPAN Non-Member: Early bird Fee (4 weeks prior to seminar).....\$173.00  
ASPAN Non-Member: Regular Fee.....\$210.00  
Student (unlicensed only/no contact hours)....\$ 36.00  
Group discounts (excluding students): four or more registrations received at the same time (mail or fax only), each receives a \$10.00 discount. All forms and checks must be received at the same time no exceptions. Please note that registration cannot be accepted or processed unless accompanied by appropriate tuition payment. ASPAN will not reserve seats for registrations received without payment.



## ASPAN

American Society of PeriAnesthesia Nurses

## President' Message: continued from page 1

certification in our specialty. We met seven criteria demonstrating our commitment to promote certification and support our component members who are certified nurses. Criteria include Scholarships awarded to our members, contact hours offered toward recertification, Certification information provided in newsletters and component meetings, as well as having Certification Coaches serving from our component. Take pride in your certifications and inspire your friends and co-workers to also get certified. Become a Certification Coach! Visit the AB-PANC website at [www.cpanc.org](http://www.cpanc.org) for more information.

Congratulations to Susan Russell and Susan Norris. We are very proud to see Susan Russell as ASPAN Director for Clinical Practice. This is a challenging position requiring a commitment of time, knowledge, and expertise. Susan has promised to remain an active part of TAPAN. Let us wish her success in this, her new endeavor.

TAPAN on the Road will visit Lubbock June 23<sup>rd</sup> 7:45am-12:30pm at Texas Tech University Health Sciences Center, plan to join us! I am excited to meet all of you and hopefully inspire some of you to become more active. We will be handing out Willingness to Participate and Serve forms. This is the best time to get to know your leaders, ask questions, let us know your needs and how we can make it easy for you to be part of TAPAN. Your time to shine may be now! Boxed lunches will be provided for those who attend the West TX/Panhandle Region meeting following the half day seminar. Extra cookies for those who will start a Lubbock Chapter or sign up for office!

September is just around the corner. It is time to think about who your next slate

of Region Officers will be. Pru is already planning our Leadership Conference to be held on August 12<sup>th</sup> at the Hilton Hotel in Grapevine, TX. Two region officers will be sponsored by TAPAN to attend. It will also be offered to the membership at large for a minimal fee.

Immediate Past Presidents are in charge of recruiting and encouraging qualified members to run for office. I would like to urge all of you to encourage one another and nominate your friends and co-workers. Some people just need a little nudge, while some may need a really big push. Succession Planning is an every day, year-round exercise. Recognize those with strong leadership potential and nurture those that are not as prepared, yet who possess deep passion for our profession and our organization. They are the future leaders of TAPAN and ASPAN!

September brings our Annual TAPAN State Conference. Make plans to be there September 14-16, at the Marriott Hotel in Town Square, Sugarland, TX. The speakers were carefully chosen experts in their fields. There are so many exciting activities planned, a Zumba dancing on Saturday morning (fundraising activity), community outreach program, wellness clinic, and a promise for lots of dancing on Friday night during the President's reception. I look forward to seeing you!

According to one author, "Leaders don't create followers, they create leaders". Together let us create the framework for excellence. Let us build confidence within our circle, nurture and watch our members as each of them grows bigger wings to fly high and proud. There are lots of opportunities in our organization. Be an active part of it. Take small steps, be an officer of your region. Allow yourself to shine! ♦

### TAPAN Mission Statement

"The Texas Association of PeriAnesthesia Nurses, as a component of the American Society of PeriAnesthesia Nurses, advances nursing practice through education, research, and standards."



### ASPAN Mission Statement

"The American Society of PeriAnesthesia Nurses advances nursing practice through education, research, and standards."



### TAPAN Region Presidents

#### Upper Gulf Coast

Tessie Santiago, RN, BSN, CPAN  
[tsantiago@slsh.com](mailto:tsantiago@slsh.com)

#### North & East Texas

Prudence Nietupski, RN, BSN, CAPA  
[Pru\\_nietupski@yahoo.com](mailto:Pru_nietupski@yahoo.com)

#### West Texas—Panhandle

Ellen Abaquin, RN, BSN, CPAN  
[manang@suddenlink.net](mailto:manang@suddenlink.net)

#### Hill Country & South Texas

Cielito P. Ascio, RN, BSN, CPAN  
[skymel\\_03@yahoo.com](mailto:skymel_03@yahoo.com)

#### Far West Texas Region

Carolyn Prentice, RN, CPAN  
[cprentice@elp.rr.com](mailto:cprentice@elp.rr.com)

## Spotlight Across Texas: Region News

### Upper Gulf Coast

Grace Woodmansee, BSN, RN, CPAN Educational offering were provided for the members. “End-Tidal Carbon Dioxide Monitoring in Epidural Infusion for Acute Post-Op Pain Management “ on March 6, 2012; “ Intra-Operative Pulmonary Embolus ” on April 3, 2012; “ A Look at Opioid “ on May 5, 2012.

Upcoming CPAN/CAPA review sponsored by ASPAN on July 21, 2012. For more information contact Tessie Santiago at [tsantiago@slch.com](mailto:tsantiago@slch.com) or Pam Windle at [pwindle@slch.com](mailto:pwindle@slch.com).

### North & East Texas

**Karen Jensen, RN, BSN, CPAN**

The Red River Chapter met in Lewisville on April 28, 2012 and offered 1.0 Contact Hour for a presentation on “Regional Anesthesia and Potential Complications”. A business meeting followed the presentation.

The North and East TAPAN Region met at Texas Health Resources in Dallas on May 5, 2012 where a variety of educational offerings were presented and 3 CEs were available to participants. Topics included “Massive Transfusion Protocol” and “ Professional organization chapter formation”. In addition, 3 Research Posters and a panel discussion were presented including “Identifying and Reducing Unplanned Preoperative Hypothermia”, “What is the optimal

cabinet warming temperature for cotton blankets?” and “Identifying High and Low Risk Patients for Post-op Urinary Retention”. The presentations were well received and enjoyed by all.

Our Region is still in need of volunteers to fill board member positions including President, Vice President, Secretary, and Historian. Job responsibilities and Willingness to Participate forms can be found on our website at [www.NETAPAN.com](http://www.NETAPAN.com). Mentors will be available to assist you.

The annual TAPAN Leadership Conference is scheduled for August 11, 2012 in the Dallas area.

### Hill Country & South Texas

**Polly Smith, RN, BSN, CCRN**

Debbie Bennett, Recording Secretary for Hill Country and SouthTexas Region, and also State Treasurer volunteered at the King-William Fair during Fiesta 2012.

The Waterloo Chapter in Austin held their Spring Seminar May 5th.

The Hill Country and South Texas Region held their Spring Seminar May 5th at the Baptist School of Health Professions. Participants heard lectures on pediatric airways, hand transplants, and acupuncture for pain control. Attendees had a continental breakfast and barbeque for lunch.

Members of the Hill Country and South Texas Region will have the opportunity to volunteer at the Texas Folk life Festival at the Institute of Texan Cultures from June 9th through 11th.

### West Texas & Panhandle

**Edna Pabruada BSN,RN,CPAN**

Congratulations to our own Bridget Wheeler from Pampa, TX for she is now both CPAN/CAPA certified.

We also would like to congratulate our own Lorna Taylor for winning the National Certification Nurse Day raffle for TAPAN-scholarship to attend the 36th TAPAN State Conference in Sugarland, TX come September.

TAPAN on the Road will be in Lubbock come June 23 please mark your calendars, details to follow. Thank you to Cindy Hill as she is busy doing all the legwork. Please take this opportunity to network with your TAPAN leaders.

Our region website is [tapan-westtexas-panhandle.com](http://tapan-westtexas-panhandle.com). Feel free to browse, give a comment or suggestion, and even advertisements are welcome.

### Far West Texas

No News Reported



## National Certified Nurses' Day TAPAN Raffle Winners

Scholarship for Free Registration  
to the Annual TAPAN State  
Conference  
September 14-16, 2012  
Sugarland, TX

**Karen Jensen, BSN, BS, RN,  
CPAN**  
North and East Texas Region

**Mark A. Crowe, RN, CPAN**  
Hill Country and South Texas Region

**Judith Villanueva, RN, CPAN**  
Upper Gulf Coast Region

**Lorna Taylor, BSN, RN, CAPA**  
West Texas/Panhandle Region

**Rasakamry Fernandes, RN, CPAN**  
Far West Texas Region

CONGRATULATIONS! ◆

## TAPAN 36TH ANNUAL STATE CONFERENCE

2012 Conference Co-Chairs:

Deborah Davis

Maria Teresa Limsiaco

Dates: 14 - 16 September 2012

Place: Sugar Land Marriott Town Square

- 16090 City Park
- Sugar Land, Texas 77497



Submit your  
TAPAN Stars Online!  
They will be recognized  
at State Conference.

Do you know a TAPAN member who excels in the Perianesthesia Specialty. Nominate them for TAPAN Star! Fill out an application on the TAPAN website: Go to forms>TAPAN Star>Nominate>Submit.

There are expert nurses among us!

## Wanted

TAPAN members willing to work on Awards Committee!

Duties: Judge entries for the Historian's Bluebonnet, Outstanding Region and TAPAN Star Awards.

Contact: Deborah Davis RN BSN CPAN, TAPAN 2nd VP

email: [djdavis@TexasChildrens.org](mailto:djdavis@TexasChildrens.org)

Submit: Willingness to Serve Form

Go to [www.TAPAN.org](http://www.TAPAN.org) and click on Forms>TAPANStar>More.

**\*SAVE THE DATE\***  
**TAPAN on the ROAD**  
**LUBBOCK...Here we Come!**



**June 23, 2012**  
**8:00a.m. – 12:30 p.m.**  
**Evaluation 1230-1245**

**Texas Tech University Health Sciences Center**  
 Anita Thigpen Perry School of Nursing  
 Classroom ACB 110, 1<sup>st</sup> Floor  
 3601 4<sup>th</sup> Street, Lubbock TX 79430

**PURPOSE/GOAL:** The purpose of this program is to provide our region members the tools and information to promote active participation in Professional Organizations. It is also intended to inspire members through networking and mentoring to pursue and develop their leadership potentials.

**OVERALL PROGRAM OBJECTIVE:** Discuss available resources and opportunities to inspire member to be more active in professional organization and pursue leadership roles. Describe impact of Obstructive Sleep Apnea (OSA) and role of PeriAnesthesia nurses in assessment and management of OSA patients.

**TARGET AUDIENCE:** This program is designed for PeriAnesthesia Nurses working in the PeriAnesthesia unit (Pre-op, Phase I, Phase II and Phase III), as well as Med-Surgical, ICU nurses and students.

**Disclosure Statement:** All faculty at nursing continuing education activities are required to disclose to the audience (1) any significant financial relationships with the manufacturer of any commercial products, goods, or services, (2) any unlabeled/unapproved uses of drugs or device discussed in their presentations. Such disclosure will be made in writing in the course presentation materials.

**Cancellation Policy:** Written notice is required for all refund. Request for refund must be received by 6/17/12.

**For more information, please contact:**

**Hermie Robles, RN, CPAN** or  
 TAPAN President  
 (832)798-8766  
[herms.robles@gmail.com](mailto:herms.robles@gmail.com)

**Cindy Hill, BS, RN, CPAN, CAPA**  
 TAPAN/TNA Dist 18 GAC Chair  
 (806) 775-8527  
[Cindy.Hill@umchealthsystem.com](mailto:Cindy.Hill@umchealthsystem.com)

**Accreditation Statement:**

This activity has been submitted to the American Society of PeriAnesthesia Nurses (ASPAN) for approval to award contact hours. ASPAN is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC-COA).

# An Evening in Wonderland!

## ASPAN 2012 National Conference



## A Research Journey

Deborah Davis RN BSN CPAN, TAPAN 2nd Vice President 2011-2012

I just started a research class offered by the hospital where I work this week! A research program was offered so I applied and was accepted. So their mission is to transform sixteen individuals into investigators and such! This is a big challenge for me. The instruction will go on for nearly a year. I am excited and a little intimidated, BUT mostly, I am curious. You see, I have been practicing nursing for thirty four years. I enjoy learning so we will see how this all plays out!

There is a textbook (*Nursing Research: Generating and Assessing Evidence for Nursing Practice* ninth edition) with lots of terms that I have heard but never really had to understand. I will be reporting from time to time how this experience is going. Many of you are probably wondering “what's the big deal”? Some of you will know exactly what my anxiety is about. It is getting back into 'study' mode.

The nursing profession has evolved over the years and continues to. Our routines are becoming validated by *evidence*, which can be *empirical* (gathered through the senses). All of this is being used by researchers and investigators to improve the care that we deliver.

I work at Texas Children's Hospital in the Texas Medical Center. We are presently seeking our third Magnet recertification. To meet this level, the applying hospital must place more emphasis on nursing research.



Here are a few of the research terms that were tossed around on the first day of class. **EBP** (whew, I knew that one!)-evidence based practice; **Nursing Research**-systematic inquiry designed to develop trustworthy evidence for the nursing profession; **Clinical Nursing Research**-research designed to guide nursing practice and to improve the quality of life of nurses' clients. When I read the syllabus, I realized that nursing will probably not be quite the same for me after this year.

You know, when I took the CPAN exam in 2004, something happened to my brain. I was always a knowledge seeker *aka*- 'nerd'. After that test, I became an ABPANC Certification Coach! I'll keep you all posted on my research journey. Oh and check out the [ASPAN.org](http://ASPAN.org) website under Research. The Research Journal Club is fantastic! Get on board the Research Journey! Give it a try!

Polit, Denise F. and Beck, Cheryl Tatano (2012). *Nursing Research Generating and Assessing Evidence for Nursing Practice* (9th edition) ◆

## Research Chair Wanted: Take That First Step!

Hermie Robles, BSN, RN, CPAN, TAPAN President

We are still in need of a qualified member who will be willing to serve as chair of our TAPAN Research Committee. Please let me know of your interests so I can discuss with you the role and responsibilities of the Research Chairperson. Proud to say, this exciting position was my stepping stone to the TAPAN hierarchy. Years ago, TAPAN Past President, Sheila Nordyke, encouraged me and took me in. I remember being very timid and not speaking during board meetings. She told me she believed in me and that I needed to speak my mind if I have to. She paved the way to begin my leadership journey. Allow this opportunity to be your beginning as well! ◆



## TAPAN Awards

Deborah Davis RN BSN CPAN, TAPAN 2nd Vice President 2011-2012

### *Historian's Bluebonnet Award and Outstanding Region Award*

The 36th Annual TAPAN State Conference will be in Sugarland, Texas September 14-16, 2012. There will be lots of fun and opportunities for your Region to win awards! TAPAN's five regions are eligible to apply for the Historian's Bluebonnet Award and Outstanding Region Award!

What are these awards?



**Historian's Bluebonnet Award:** an electronic scrapbook depicting the activities of your region for the fiscal year September 2011-August 2012. Contestants are judged based on organization, content and overall appearance.



**Outstanding Region Award:** an electronic file which shows the region's dedication to the growth and involvement of members in that region. Two awards are given. Regions with 74 or fewer members are in category One. Regions with 75 or more members are in category Two.

Submit your entry to the Awards Committee Chairperson (2nd Vice President- Deborah Davis) by Thursday September 13, 2012 at 5 p.m. Winners will be announce at the 36th Annual business meeting/luncheon on Saturday September 15, 2012. Monetary awards and certificates are given!

The Awards Committee needs volunteers! I need a member from each region to send a Willingness to Participate form to me at [djdavis@texaschildrens.org](mailto:djdavis@texaschildrens.org).

Don't miss this opportunity to Shine! ◆

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## Austin's Waterloo Chapter Holds Mini Conference

Susan Russell, RN, BSN, JD, CPAN, CAPA

Celebrating Nurses Week & Cinco de Mayo, the Waterloo Chapter of HCST Region met May 5th at Dell Children's Medical Center in Austin. The free 3 hour program was coordinated by Tracy Allen, perianesthesia nurse educator at Seton Medical Center. Topics included Lipid Rescue, Bullying in the Workplace, and Tissue Regeneration. Speaker honorariums were provided by TAPAN HCSTR. Thanks to Linda Allyn for coordinating the meeting space and providing door prizes. Breakfast was provided by Tracy Allen, Diana Jackson, and Susan Russell. ◆

# TAPAN Policy and Procedure Report: May 2012

Susan Russell, RN, BSN, JD, CPAN, CAPA



Annual update and review of TAPAN's Policies and Procedures was completed as scheduled during the March meeting of the TAPAN Board in Sugar Land, Texas. To date, twenty-one policies have been revised and two new policies written. The Board finished this year's reviews ahead of schedule. Any further business related to P&P can still be added to the agenda for the next scheduled Board meeting in Lubbock on June 23 by notifying Hermie Robles, President. A copy of the 2011-2012 revised P&P will be available to Region Presidents at the TAPAN Leadership Conference in Grapevine on August 11. This year, Chapter coordinators may also request a copy of the P&P. Please direct requests to Susan Russell, [sprautx@aol.com](mailto:sprautx@aol.com) at least one week prior to the leadership conference so your copy will be ready to take home with you. If your Region needs assistance with P&P revision or needs help writing P&P, please contact a member of the TAPAN Board.

Following the September 2012 TAPAN State Conference in Sugar Land, the Board will receive the meeting schedule for the new year. Policy and Procedure meetings are included in all face-to-face Board meetings. During the 2012-2013 TAPAN year, the TAPAN Bylaws are due for revision. The Bylaws are generally reviewed at the first Board meeting scheduled for the Fall. Changes to Bylaws should not be routinely required, but reviews are conducted at least once every three years. TAPAN Board members review the Bylaws along with the ASPAN Bylaws to reconcile any changes which may affect TAPAN or its members. Changes to State or federal laws affecting non-profit organizations are also considered during the Bylaws review. The TAPAN Bylaws are located on the TAPAN website. All TAPAN members are encouraged to review the Bylaws. If you have questions, please contact Susan Russell for clarification. ♦

## Treasurer's Report

Debra L. Bennett, RN, BSN, CAPA, TAPAN Treasurer

### INCOME

Dues: \$12,670  
Fundraising = \$63.85  
TOTAL = \$12,733.85



### EXPENSES

Dues to Regions \$3,905  
ASPAN Nationals \$3310  
Donations \$1925  
Board Meeting at Sugar Land \$842  
Website \$332  
TOTAL = \$10,314.00

## Editor's Note

Cyndi Mocek, RN, ADN, TAPAN Editor

Members are encouraged to contact the editor with suggestions for improvement. Members are also encouraged to write articles pertaining to perianesthesia nursing. Your experiences are the best resource!

I look forward to hearing from you! Contact information: [mocek.rn@sbcglobal.net](mailto:mocek.rn@sbcglobal.net). ♦

## "CERTIFICATION" NEWS & UPDATES

Hermie Robles, BSN, RN, CPAN, TAPAN President

### Examination Registration & Administration – Dates & Deadlines:

#### Fall 2012

Registration Window – *Online July 9 – September 10*

Registration Deadline – *Online September 10 by 11:59 p.m. ET*

Time Period for Scheduling Examination *Upon receipt of your ATT letter through November 8*

Examination Appt. with Prometric

Examination Administration Window *October 1 – November 10*

Deadline for Cancelling Appt. *3 business days before scheduled test date*

Postmark deadline for requesting *On or before last day of examination administration window*

Withdrawal, refund, rollover from PES

Buy One Get One Free Practice Exam program has been extended until July 2012! Online Practice Exams (access on ABPANC's website under Certification tab) are available for people studying for CPAN and/or CAPA certification. Two Practice Exams for \$35. Contact hours may also be earned.

For information about finding a Certification Coach or forming study groups, contact [zwilliams@proexam.org](mailto:zwilliams@proexam.org). For certification exam locations, visit [www.Prometric.com/abpnc](http://www.Prometric.com/abpnc). Here is the list of TAPAN Certification Coaches: Deborah Davis, CPAN; Valorie Federico, CPAN; Vicky Lessing, CPAN, CAPA; Elizabeth Morse, CPAN; Pres Ida Pimentel, CPAN; Susan Russell, CPAN, CAPA.

There are 2 ALRT members: Susan Norris, CAPA and Pamela Windle, CPAN, CAPA

Do you wish to become a Certification Coach? If you are interested in the ABPANC Coach Program, contact Zelda Williams at [zwilliams@proexam.org](mailto:zwilliams@proexam.org) for information. Many of us are already serving as unofficial coaches. This program can help you in the process, give you recognition, and offer contact hours for your efforts.

The process for recertifying is now done completely online. To access the online Recertification System, go to the ABPANC website and click on the link found on the Home Page, under the Recertification tab.

ABPANC has a new website: [www.cpancapa.org](http://www.cpancapa.org), which has been designed to make it easier and more user-friendly to find all the latest information about certification, recertification and other programs, such as ways to get involved as a volunteer, and ABPANC Awards. ♦

### From the Editor



The *Eyeopener* is the official publication of the Texas Association of PeriAnesthesia Nurses (TAPAN).

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#### Eyeopener submissions:

Members are encouraged to write to the editor with comments, suggestions, and/or articles of interest to PeriAnesthesia Nursing. Submissions must be typed and double spaced. It is the responsibility of the author of items submitted for publication in The *Eyeopener* to verify the accuracy of information and provide appropriate references. The editor and the TAPAN Board reserve the right to edit or reject submitted material.

#### Submission Deadlines:

February 15: Spring Edition

May 15: Summer Edition

August 15: Fall Edition

November 15: Winter Edition

**Send comments, suggestions and/or submissions to:**

Cyndi Mocek, RN, ADN

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Arlington, TX 76017

[mocek.rn@sbcglobal.net](mailto:mocek.rn@sbcglobal.net)

## TAPAN Operations

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#### Policy & Procedure Coordinator

Susan Russell, RN, JD, CPAN, CAPA

[sprauxtx@aol.com](mailto:sprauxtx@aol.com)

#### Governmental Affairs Chair (GAC)

Cindy Hill, RN, BSOE, CPAN, CAPA

[chill@teamumc.com](mailto:chill@teamumc.com)

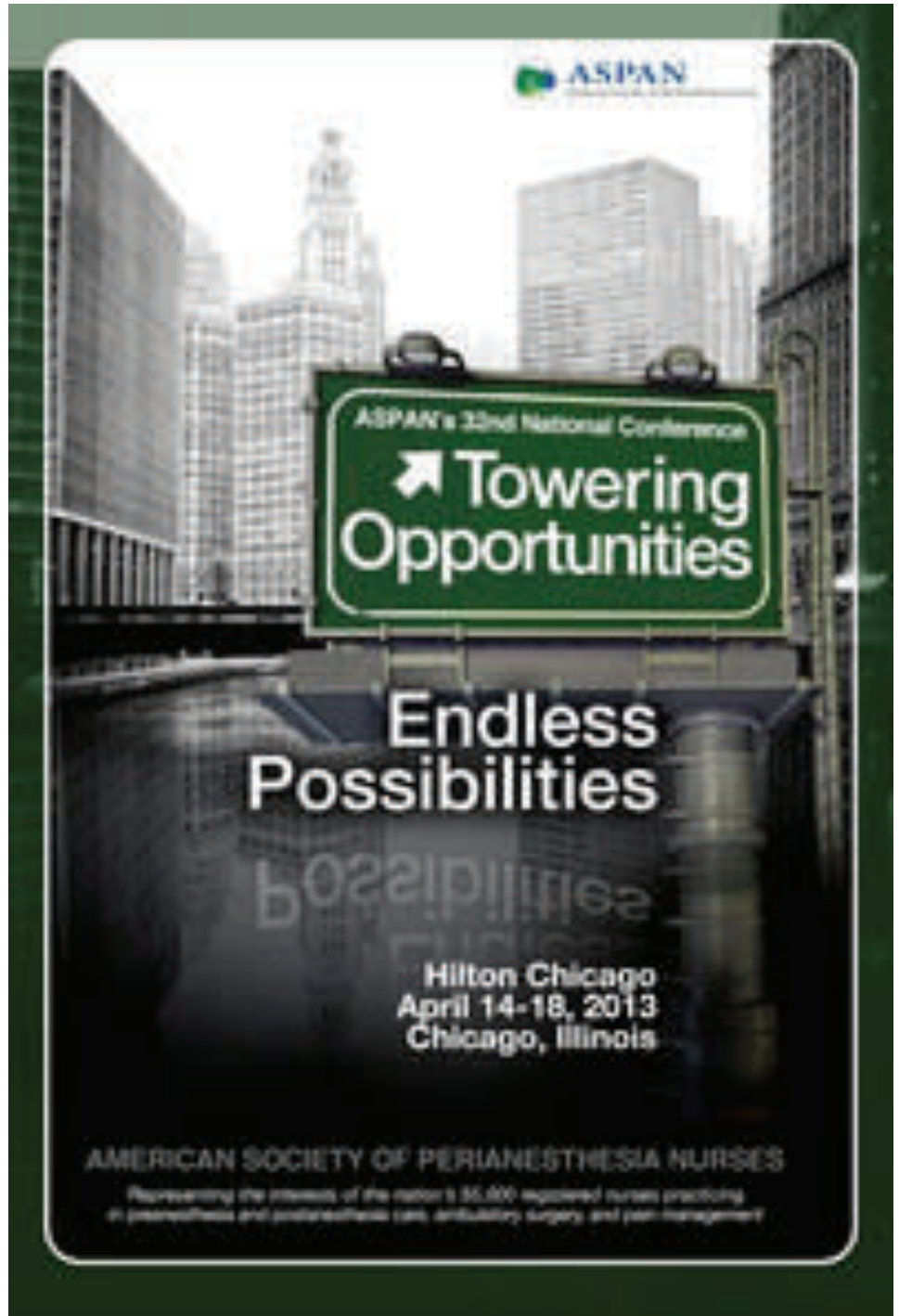
#### Membership and Marketing

Linda Allyn, RN, BSN, CPAN, CAPA

**Research Chair:** Position Open

# ASPAN 32nd Annual Conference

## April 14-18, 2013



## Chicago, IL