



The Texas Association of PeriAnesthesia Nurses

presents

Excellence in Perianesthesia Nursing

30th Annual State Conference





Dedicated to the Professional Nursing Care of Patients
Undergoing Anesthesia and Recovery

President's Conference Speech

Nursing, Art Mixed With Science

by Lori Sanders, BSN, RN, CPAN 2006-2007 TAPAN President

I began my PACU career, seventeen years ago, as a Candy Striper at Women's Hospital in Baton Rouge. Back then, the highlight of my day was placing warm blankets on the patients. Now, I work in the bustling PACU at Baylor University Medical Center. Quite a different experience!

I love art mixed with science, that is nursing. I am in awe of the scientific advances that have been made in my short ten year career. I am mystified by the art and grace that nurses possess. The way we soothe, calm, heal and edify our patients and their families. We are amazing.

However, I am disillusioned by the lack of involvement that nurses have in their own destiny. Apathy comes at too high a price. We have to be active in decision making for our own profession before someone else does.

Now, I realize that I am preaching to the choir here. You all took time away from work, family and household obligations to go to State Conference and have your practice advanced by the educational offerings.



You are all members of ASPAN/TAPAN, the professional organization that promotes the advancement of our chosen specialty. But, it is not enough. We must mentor and encourage our colleagues and new nurses to join us. Challenge them to become certified and become involved in ASPAN.

It is my belief that every patient deserves a certified nurse. Certification proves to our peers, patients, and institutions that we care deeply about the specialty we chose and want to be the best we can be. Become a certified nurse!

Thank you for the opportunity to serve you and the great state of Texas this year as the 2006-2007 TAPAN President. I will do my best to honor the trust you have placed in me. I know I speak for the entire Executive Board when I say you can contact us with any questions or concerns you might have. Our contact information is located on our newly improved website. If I don't know the answers, I probably know someone who does.

Thank you again and get certified!

Conference Volunteers

Volunteers are Vital to Conference Success

The conference is made possible only through the many people who volunteer. Thank you to those members who gave so freely of their time.

Hosts and Hostesses Moderators Carol Oden, District 11 Sheila Norkyde, Immediate Past President Teresa Davis, Education Coordinator Prudence Nietepski, District 3 Diane Dexter, District 11 Linda Allyn, Financial Chair Sue McDonald, Parliamentarian/Policy & Procedure Coordinator Margaret Rosson, District 11 Vern Pharr, District 11 Alison Watkins, District 3 Sharon Dixon, District 11 Cindy Hill, Past President Karen Jensen, District 3 Kezia Cottenoir, Speaker Committee Chair Susie Carrasco, District 11 Lori Sanders, President

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Research

Liz Martin, RN



TAPAN's 30th Annual State Conference: Excellence in Perianesthesia Nursing

By Cindy Hill and Margaret Rosson, Conference Co-Chairs

Another year is over! To all who attended the Conference in Lubbock, a big "Thank You"! To those who were unable to attend, you missed a great Conference. 127 were in attendance. This is less than previous years, but with participation from new areas of the state as well as New Mexico. One of our Board members made the observation that she did not mind the decreased numbers, since she was able to meet more of the participants for networking opportunities!

The line up of speakers was terrific, and some of them are likely to receive to an invitation to speak at the 2008 ASPAN National Conference in Grapevine, Texas! We were blessed to have an abundance of talent available to us in Lubbock. In fact, there were only 2 speakers who came from out of the area. Doris Quinn and John Bingham joined us from Vanderbilt University Medical Center, Nashville, Tennessee. All speakers were well received, and the audience engaged with questions and observations at the end of each session.

We were fortunate to have a number of our members who served as Hosts/Hostesses and Moderators. They served well and with a lot of class! Congratulations on a "job well done"!

Our thanks to the Conference Committee: Kezia Cottenoir, BSN, CPAN; Vern Pharr, RN, CPAN, CCRN; Linda Allyn, RN, CPAN, CAPA; Coral Backus, RN, CCRN; Peggy McGuire, BSN; Carol Oden, RN, CAPA; Diane Dexter, RN, BSN; Debbie Heberly, RN; Rene Graham, RN, CPAN, CAPA; Donna Garrett, RN, CAPA; Kelley Cartwright, BSN; Penny May-Johnston, RN; Karen Dahlseide, RN. What an outstanding job they did!

The President's Reception was entertaining, with a jazz ensemble to open the Reception, Dr. Tom McGovern's presentation on spiritual needs of perianesthesia nurses, and the "rocking chair" couple who were quite literally a "scream"!. TAPAN Past Presidents were in attendance. Jackie Minier, Sharon Thorwald, Carolyn Prentice, Sue McDonald, Mavis Bell, Alice Dometiza-Hoffman, Alison Watkins, and Cindy Hill were introduced and honored with a yellow rose. We truly appreciate their continued involvement with TAPAN.

Our Annual Business Meeting started off with a fashion show. Our models consisted of TAPAN members and their daughters and nieces. They all looked great in the latest fall fashions from Talbots.

Our evaluation tool is helpful in the planning of future Annual State Conferences. Of 127 participants who attended, 112 completed an evaluation either partially or completely.

Committee members who ran the Registration Desk are to be congratulated for the organization and hospitality shown to the Conference participants. Registration, as well as Hosts/Hostess/Moderators received high satisfaction scores! Although vendor participation was down this year, those who participated had great comments to make about contacts made. If you have any suggestions to increase vendor participation, please notify the Conference Committee for 2007.

We received many constructive comments and suggestions that will better enable future Conference Committees to plan for the needs of the membership. To those who perceived that the Conference was less than satisfactory, we invite you to volunteer for the next Conference to be held in your District. Your ideas for improvement will benefit the Conference Committee in the planning of future Conferences. The Annual State Conference Evaluation, see page 5, is related to hotel, registration, and overall Conference.

| TAPAN 2006 Annual State Conference Report CONFERENCE SITE | | | | |
|---|-------------------------|-------|-------|------|
| HOTEL (relates to the # of participants who stayed at Clarion) | | YES | NO | NA |
| Adequate for needs | | 82.1% | 17.9% | |
| 2. Rooms comfortable/clean | | 84% | 16% | |
| 3. Food good/proper temp | | 84.3% | 15.7% | |
| TAPAN REGISTRATION DESK | | YES | NO | NA |
| 4. Organized/efficient | | 95.5% | 4.5% | |
| 5. Personnel helpful/courteous | | 98.2% | 1.8% | |
| CONFERENCE | | YES | NO | NA |
| 6. Overall organization satisfactory | | 97.3% | 2.7% | |
| 7. Content met educational needs | | 99.1% | 0.9% | |
| 8. Format met needs. (relates to # of options answered by par | ticipants, N=112) | | | |
| | Friday morning | 83 | 0 | |
| | Friday afternoon | 82 | 0 | |
| | Friday evening | 69 | 2 | |
| | Saturday | 100 | 0 | |
| | Annual Business Meeting | 70 | 0 | |
| | Sunday | 68 | 1 | |
| 9. Hostesses/Moderators helpful | | 99.1% | 0.9% | |
| Vendor Time Satisfactory Reasons you chose to attend conference (relates to # of options answered by participants, N=112) | | 80.6% | 12.0% | 7.4% |
| (relates to # of options answered by participants, 17—112) | Educational Content | 92 | | |
| | Personal Growth | 96 | | |
| | Networking | 53 | | |
| | Location | 33 | | |
| | Re-Certification | 37 | | |
| | Speakers | 23 | | |

2005—2006 President's Award

y e a r the President's Award is given to a very deserving person. She has worked hard for TAPAN. Taking on the role of President for two years when asked, and Chair of this year's wonderful conference. She took on the challenge of the new TAPAN web which looks page great. She is always positive and willing to do anything to support TAPAN because she believes in the organization. This years award goes to Cindy Hill.

Congratulations and Thank You to Cindy Hill



TAPAN Year in Review

2005-2006 Productive for TAPAN

By Sheila Nordyke, RN

My year as TAPAN president is over. In many ways I am sad and in ways I am glad. Yet if asked if I would do it again I would not hesitate to say to yes. I really love nursing; to me is not just a job it is a profession. This year as TAPAN President has increased that love of nursing. It has also increased my circle of nursing friends and knowledge. As I looked out into the conference audience I saw Jackie Rust, Carolyn Prentice, Karen Wheeler. Those are just a few of the nurse friends I have made over this last year. Also, the educational opportunities are unlimited and they increased my nursing knowledge, keeping me updated on medical knowledge.

This year in TAPAN we, (you, the Board and myself) accomplished many things. District One's Pam Windle became our ASPAN president. Jackie Rust, District 6, was named as one of our top recruiters at the national level. Cindy Hill, 2005 Immediate Past President, served as chairperson

of this year's conference and helped create our new Web-page. TAPAN was the first component to have on-line registration. Susan Norris, 2nd Vice President, created a display that celebrated 30 years of TAPAN for our national conference. Sue McDonald, Policy & Procedure, held P&P meetings. Susan Russell, Governmental Affairs, wrote fantastic articles about issues that nurses should be aware of. Teresa Davis, Education, put together a very exciting leadership conference Hermie Robles, Research, gave us insight on the research being done within our component.

TAPAN created a new Web-page, kept our membership over 800, allowed our finances to remain stable and donated \$1500 to the Katrina and Rita victims.

We had a great year, and now my term as TAPAN President has ended. I want to wish you all happy nursing.

TAPAN District Leadership

District Presidents

District 1

President Slyva McClukin smcclurkin@sleh.com

District 2

President Sharon Thorwald memaw1smt@aol.com

District 3

President Karen Jensen kjensennet@comcast.net

District 6

President Leonard Allen Leonard.Allen@MHSHealth.com

District 7

President Pat Corchado miat36@aol.com

District 9

President Deborah Marek Debora_marek@armc.net

District 11

President Sharon Dixon RN, CPAN sdixon@teamumc.com

2005-2006 Recruiter of the Year

Recruitment Insures Growth

by Linda Allyn, RN, CPAN, CAPA

Recruitment of new members helps to insure the growth and viability of our organization. It was a busy year for recruitment of new members for **TAPAN**. It was a close race this year. Our **Recruiter of the Year** for 2005 - 2006 is Leonard Allen. He recruited 7 new members.

Congratulations to Leonard Allen!

Honorable Mention to Jackie Rust, she recruited 6 new members!

Blue Bonnet Award

Creativity at Its Best

By Cyndi Mocek, RN

Districts showcase their activities in scrapbooks. Every year they submit them for judging at the Annual State Conference. These scrapbooks are the result of a lot of hard work. The creativity that they show is awe inspiring! Congratulations to every District that submitted a scrapbook; everyone did a fantastic job!

Congratulations to the 1st Place Winner

District 1—Houston

Thank You Exhibitors and Sponsors

Exhibitors

Hill-Rom; Life Gift Organ Donation Center; Merck; Ortho-McNeil

Door Prize Donations:

Abuelo's; Avon – Terri Fallon; Bolton's Oil Change; CapRock Wine Co.; Christy Morgan; Cindy Hill; Cinemark; Coldwater Creek; Covenant Medical Systems; Kathy Drake Photography; Keva Juice; Llano Estacado; Winery; Lubbock Christian University; Lubbock City Museums; Mark McCall Photography; Mary Kay Cosmetics – Marti Greer; Nash & Assoc.; Olive Garden; Pheasant Ridge Winery; Quick Quack; South Plains Mall; Starbuck's; Susan Russell; Texas Tech Red Raider Fan Club; Twistavant's Candles; VEB Scrubs

2005—2006 TAPAN District Stars

Recognized as outstanding members for going "above and beyond" what is expected of them at the District Level!

> <u>District 1</u> Deborah Davis

<u>District 2</u> Sharon Thorwald

<u>District 3</u> Prudence Nietepski

> <u>District 6</u> Katie Hogan

<u>District 7</u> Maria Fernandes

> <u>District 9</u> Mavis Bell

<u>District 11</u> Peggy McGuire

Outstanding District Award

Greater than 75 Members District 1 Houston

Less than 75 Members No Entries

2007 TAPAN State Conference

El Paso to Host 2007 TAPAN State Conference

By Cyndi Mocek, RN, Eyeopener Editor

elcome to the **Star of the Southwest**. Come and explore this wonderful region. There is plenty to see and do in the Rio Grande Valley at the beginning of the Rocky Mountains. Experience walking tours of Downtown to get a taste of our history that spans 400 years, shopping, outdoor concerts at the Chamizal National Memorial, museums of every kind, the Zoo, and nature hikes through our four Texas State Parks. Come be a part of El Paso's music and dance festivals, sports events, arts and culture. El Paso's close neighbors in Ciudad Juarez, Mexico, and New Mexico also welcome and extend their hospitality. Going to www.elpasotexas.gov will provide you with more information about interesting events and activities to entertain and awe you in El Paso.

Visit Mission Yslete. At the crossroads of Zaragosa Road and Alameda Street stands the Ysleta Mission, the oldest in Texas, founded in 1682. This mission is the oldest continuously used church in the United States.

No visit to El Paso would be complete without a stop in Juárez, just across the Rio Grande. You can park downtown and cross the Santa Fe Street bridge for a walk past nightclubs, fine restaurants, a betting lounge, and curio shops before coming to the city's main thoroughfare, its old mercado (crafts mall) and the Cathedral of Our Lady of Guadalupe, which was established in 1659. Or you can hop on the Border Jumper trolley in front of the El Paso Convention & Performing Arts Center for a guided circular loop through Juárez that lets you get off and reboard at several designated stops along the way. Info: 915 544-0062 (El Paso-Juárez Trolley Co.) or 915 533-3644 (Mexican Consulate in El Paso).

Do Texas Different and visit the Star of the Southwest - El Paso!

Reference

City of El Paso. Advertisement. 1 October 2006 http://www.elpasotexas.gov/visitelpasotexas/default.asp.

