

# Eyeopener

Inside this issue:

ASPAN Region 2 2 Report; TAPAN Board of Directors

President's 3
Message
continued;
Region
Presidents
contact

Spotlight 4, Across Texas: 5 District News; ASPAN News to Share

GAC: Nurses 6, Have a 7 Powerful Voice

Lighting Your
Paths: Beacons
of Change!;
Policy &
Procedure and
Transition to
Regions

TAPAN's 35 10 Year Evolution Celebration September 2011

Treasurer's 11
Report;
Executive
Meeting
Minutes

New: TAPAN 12 Star Award; ICPAN: Toronto, Canada October 2011; Twitter: tapan\_nurses

www.tapan.org

Newsletter of the Texas Association of PeriAnesthesia Nurses

SUMMER EDITION 2011

#### **TAPAN Gets Top Honors in Seattle**

Congratulations!
TAPAN is the ASPAN
Component of the Year!

It is my pleasure to announce that TAPAN was the recipient of the Gold Leaf Award at the ASPAN National Conference held recently in Seattle, WA. It was an honor to accept this award on behalf of the TAPAN membership.

TAPAN was recognized for efforts in education, research, publishing, certification, and member involvement in local, state, and national levels of the organization to name a few of the criteria. I am also happy to announce that we received an American Board of PeriAnesthesia Nursing Certification (ABPANC) Shining Star Award for the 2nd consecutive year. The Shining Star recognizes the components activities promoting and celebrating perianesthesia certification.

TAPAN had many members attend the conference including several first time attendees. If you have never attended a



Susan Norris, RN, BScN, CAPA TAPAN President 2009-2011

national conference you are missing an opportunity to network with colleagues from around the country, to share best practices and explore the latest in perianesthesia nursing care.

Next year's ASPAN National Conference will be in Orlando and it would be great to have a big Texas contingent. TAPAN has a scholarship available to assist with fees for attending conference. You will find the application on the TAPAN website. Now is the time to look at the criteria and start working on your application.

As we move into the summer season, our organization is preparing for a transition of leadership. Linda Allyn, Chair of the Nominating Committee has been seeking candidates for the TAPAN offices of First Vice President/President Elect, Second Vice President, and Secretary. Hermie Robles, President Elect, will be looking for volunteers to serve on TAPAN committees for the coming year. Regional boards will be seeking members to step up and assume leadership roles at the local level. Every member of TAPAN has something that they can offer the organization and this is an excellent opportunity for you to accept the challenge and share your abilities. Willingness to Serve forms can be found on the TAPAN website. Please consider submitting one. The organization needs your participation to continue to succeed!

Summer also means that our annual Leadership Conference and the TAPAN State Conference are both approaching. The Leadership Conference will be held August 13, 2011 in The Woodlands, TX. This conference is open to all TAPAN members. Registration forms will be sent out in

PAGE 2 EYEOPENER

## TAPAN Board of Directors

#### President

Susan Norris RN, BScN, CAPA Houston, TX snorris96@comcast.net

### 1st Vice President/ President Elect

Herminia Robles RN, BSN,
CPAN
Houston, TX
hrobles@sleh.com

#### 2nd Vice President

Prudence Nietupski, RN, BSN, CAPA Richardson, TX Pru\_nietupski@yahoo.com

#### Treasurer

Debra Bennett, RN, BSN, CAPA San Antonio, TX www.ccldebb@msn.com

#### Treasurer Emeritus

Alison Watkins, RN, MS,
CPAN
Highland Village, TX
alison.watkins
@utsouthwestern.edu

#### **Secretary**

Deborah Davis, RN, BSN, CPAN Missouri City, TX djdavis@texaschildrens hospital.org

#### Past President

Linda Allyn RN, BSN, CPAN,CAPA Elgin, TX lallyn@flash.net

## **Highlights from Seattle – ASPAN's 30<sup>th</sup> National Conference**

Armi Holcomb, RN, BSN, CPAN Region 2 Director

Seattle, WA was the site of ASPAN's 30th National Conference. The "Emerald City" was at its best despite the cold wet weather. It did not deter the over 2100 attendees from seeing some of the city between classes. Sherry Bowell, the National Conference Coordinator, and the SWT team members put together a very comprehensive educational track, interspersed with different activities to keep the attendees well occupied.

These are some of the highlights of our very busy week in Seattle:

The ASPAN Board was already at work with the pre-conference Board meeting.

#### T Sunday, April 3rd:

- 1. The Dream Walk sponsored by ASPAN's Development SWT started bright and early. Most of the participants got to meet the fish mongers from Pikes market and some even got to throw the fresh fish to each other as they made the short, healthy walk down to the market.
- 2. The Representative Assembly convened later that morning and voted the new Officers and Board of Directors for ASPAN 2011-2012. Terry Clifford presented ASPAN's new Strategic Plan and Organizational chart.
- 3. Component Night's theme was "Follow the Yellow Brick Road". President Kim "Dorothy" Kraft brought all her friends, the cowardly lion, tin man, scarecrow, and the munchkins to Emerald City to the party. Support from Arizant included tasty appetizers and music that kept everyone in a party mood.

#### Monday, April 4th:

- 1. The Opening Ceremonies of ASPAN's 30th National Conference was held in the Grand Ballroom. Our nation's flag was presented and honored. A wonderful rendition of the Star Spangled banner was given by Laura Kraft (President Kim Kraft's daughter); I noticed a few tear filled eyes in the audience. The Keynote Speaker, Donna Cardillo, presented Success is a Journey, not a Destination
- 2. For the first time the CPAN/CAPA celebration was a luncheon instead of a breakfast and it was well attended too.
- 3. President Kim Kraft cut the ribbon and proclaimed the Grand Opening of the Exhibit Hall which was held at 5:00 p.m. sharp. Attendees were able to network with vendors and exhibitors.
- 4. "Celebrate Successful Practices" posters were available for viewing in the Exhibit Hall and attendees were given the opportunity to talk to the authors.

#### Tuesday, April 5th:

- 1. Concurrent educational tracks ran from 9:00 a.m. to 5:00 p.m.
- 2. Attendees took advantage of the two hour lunch break to explore the city, including walking down to Pikes Market or visiting the many wonderful restaurants that catered to seafood fare.

#### Wednesday, April 6th:

1. The Development luncheon was held on Wednesday and speaker Douglas Strauss spoke on *Be the Gift and Make Their Day*.

2. That night everyone partied at the President's Reception. It was time for President Kim Kraft to meet and greet the attendees.

#### Thursday, April 7th:

- 1. Closing ceremonies started with breakfast at 6:30 a.m.
- 2. Closing Ceremonies followed with a Presidential Address from Chris Price and the installation of the ASPAN Officers and Board members.
- 3. Ken Larson closing speaker, presented "Inspirationship.

What a whirlwind week for all of us that attended this national conference. Every time I attend national conference, my passion for the organization and perianesthesia nursing just peaks. As Region 2 Director I was most specially proud of the following highlights provided by members from our region.

- Twilla Shrout of MOKANPANA was awarded Excellence in Clinical Practice.
- ☼ David Wharton of OSPAN received the *Distinguished Service Award* from President Kim Kraft.
- Susan Norris of TAPAN accepted the *Gold Leaf Award* for the Texas Component.
- MOKANPANA and TAPAN both received the *Shining Star Award* from ABPANC.
- ☆ LAPAN received honors in the newsletter category.

Region 2 rocked! I am honored to be your Director! I wish for you a wonderful and safe summer. ��

Armi Holcomb RN, BSN, CPAN H-913-897-3040 W-913-696-8108 aholcomb@aspan.org or armiholcomb@yahoo.com

#### **President's Message**

#### continued from page 1

the next few weeks. The TAPAN State Conference will be held September 16 – 18, 2011 in Round Rock, TX. The committee is busy putting the finishing touches on what promises to be a great conference. We will be celebrating 35 years as an organization and hope you will join us as we celebrate this milestone.

For those of you looking forward to the cooler weather that fall will eventually bring, why not get a jump on it and plan to join me this October in Toronto, Ontario, Canada for the 1st International Conference for PeriAnesthesia Nursing. The program is being coordinated by the British Anaesthetic and Recovery Nurses Association, the Irish Anaesthetic & Recovery Nurses Association, the National Association of PeriAnethesia Nurses, Canada and the American Society of PeriAnethesia Nurses USA. Texas has been my home for the past 25 years, but Canada is my native land and I am thrilled at the opportunity to visit my homeland for this conference. If you are interested in attending, please visit the website www.icpan.info.

The past year has been very busy but exciting. The next few months promise more of the same. I hope to see you at one of the upcoming events. Enjoy your summer!

#### TAPAN Mission Statement

"The Texas Association of PeriAnesthesia Nurses, as a component of the American Society of PeriAnesthesia Nurses, advances nursing practice through education, research, and standards."

### ASPAN Mission Statement

"The American Society of PeriAnesthesia Nurses advances nursing practice through education, research, and standards."

## TAPAN Region Presidents

North & East Texas
President Pru Nietupski
pru\_nietupski@yahoo.com

Hill Country & South Texas
President Cielito Ascio
skymel\_03@yahoo.com

## Upper Gulf Coast President Sharon Hampton shampton@mdanderson.org

## West Texas President Jackie Clinkinbeard Jackie.Clinkinberd@ARMC.net

**Far West Texas**President Aurelia Mata

aureliamt@yahoo.com

PAGE 4 EYEOPENER

#### **Spotlight Across Texas: Region News**

#### Upper Gulf Coast

Thelma Duremdes, RN

No News Reported

#### North & East Texas

Karen Jensen, RN, BSN, CPAN DE JA VUE! The North and East TAPAN Region met at the Hilton DFW Lakes Executive Conference Center for a half day seminar on May 14. Three speakers delivered well prepared and eagerly received presentations that provided 4 CEs. The topics included Endovascular Treatment of Cerebral Aneurysms presented by Damon Watkins BSN, RN, CPAN from UTSWMC, Recovery From Neurosurgery: The First Hour presented by Camille Sheldon RN, CCRN, CNRN from UTSWMC and Ethical Issues and Boundary Dilemmas presented by Cyndi Murphy RNBC, CRRN, MBA and Libby Morse BSN,RN, CPAN from THR Presbyterian Dallas. A tasty breakfast was served and enjoyed by all. A door prize was provided and awarded by Debbie Davis TAPAN Board Secretary.

We were excited to hear that TAPAN was awarded the Gold Leaf Award at the ASPAN National Conference.

The North and East Region welcomed our three newest members joining after January 2011.

The newly organized Red River Chapter is meeting and actively recruiting new members. Don't miss out on this opportunity to participate in your professional organization.

Our region now has a website under development (http://www.northandeasttapanregion.com) where we welcome any ideas, news, photos, etc. Tell us what you're doing at your hospital and we'll include it on our web page when related to perianesthesia nursing! News updates of the Region will also be included. Please email your North and East TAPAN Region President, Prudence Nietupski, at pru\_nietupski@yahoo.com.

If you would like to be added to our email notification list for meetings and website address please send your email address to Karen at carinkaren6054@yahoo.com.

### Hill Country & South Texas

Polly Smith, RN, BSN, CCRN

#### **PANAW CELEBRATION**

TAPAN Hill Country and South Texas Region recognized the dedicated recovery room nurses at Methodist Hospital by providing a luncheon. OFIRMED, the makers of IV Acetaminophen, sponsored the luncheon.

Members of TAPAN Hill Country and South Texas Region brought balloons and cakes to the nurses in the PACU at Stone Oak Methodist in recognition of their quality patient care and their commitment to nursing excellence.

#### ASPAN 30th National Conference

The ASPAN National Conference held in the beautiful Emerald City, of Seattle, Washington April 3-7, 2011. The theme of the conference was "Follow the Yellow Brick Road" and attendees were encouraged to dress for the occasion by choosing a theme or character from the movie The Wizard of Oz. Members of the TAPAN Hill Country and South Texas Region that attended the conference were our Region President Ceilito Ascio, Julie Peterson, Lori Novola, Susan Russell, and Linda Allyn. The content of the conference centered on expanding and reinforcing knowledge so the perianesthesia nurse can be ready with the expertise required to face the future demands of patients after surgery.

#### **Spring Seminar**

Our seminar, Spring into Excellence in PeriAnesthesia Nursing, was held May 21st at Valley Baptist Medical Center in Harlingen. Our faculty included Errol Grannum MD; Juan M. Padilla, MD, FACS; Jefferey Reese, MD, FACS; Patricia Wawroski, MD; Doug McKee, RN, CRNA; and Ann Cypert, BSN, RN. It was a unique opportunity for learning.

#### Texas Folk Life

The 40th Anniversary Texas Folklife Festival is June 10 – 12, 2011 at the Institute of Texan Cultures on the UTSA HemisFair Park Campus. More than forty cultures are represented to celebrate the diversity and

heritage of Texas. Anyone interested in volunteering in the first aid center please access the volunteer information center for available positions.

#### **ASPAN** seminar

Safety Begins with Us was the topic of education at the ASPAN seminar June 4th at Methodist Healthcare System, San Antonio. Pamela Windle, MS, RN, NE-BC, SPAN, CAPA, FAAN was the featured speaker.

#### West Texas & Panhandle

Kimberly Malone, RN

No News Reported

#### **Hill Country & South Texas**



#### **ABPANC News to Share**

Submitted by Susan Norris, RN, BScN, CAPA, TAPAN President 2009-2011

ew online **Practice Exams** (access on ABPANC's website under Certification tab) are available for perianesthesia nurses studying for the CPAN® and/or CAPA® certification examinations. Using a new methodology for constructing the Practice Exams, there are virtually an unlimited number of 50 question practice exams available to take! Please read the information on the website about the practice exams. Each practice exam costs \$35, however, as a promotional, now through December 31, 2011, buy one practice exam and get another one free! Contact hours may also be earned.

#### Examination Registration & Administration - Dates & Deadlines Fall 2011

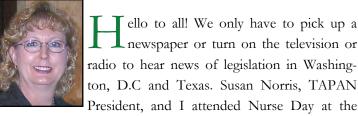
Registration Window – Online	July 11—September 5
Registration Deadline - On line	September 5 by 11:59 p.m. ET
Time Period for Scheduling Examination Appt. with Prometric	Upon receipt of your ATT letter through November 10
Examination Administration Window	October 3 - November 12
Deadline for Cancelling Appt	3 business days before scheduled test date
Postmark deadline for requesting With- drawal, refund, rollover from PES	On or before last day of examination administration window

FAQ's, found under the Certification section of the ABPANC website, answer questions concerning the exams. For example, candidates may sit for both CPAN® and CAPA® exams on the same day but need to submit two separate applications and fees. �

PAGE 6 EYEOPENER

#### **Nurses Have a Powerful Voice!**

Cindy Hill, RN, CPAN, CAPA, Governmental Affairs Chairperson



Capitol in Austin on March 7th & 8th sponsored by the Texas Nurses Association. It was, as usual, very interesting and educational. We started by attendance to *The Essentials of Effective Legislative Advocacy* by Joe Gagen, Legislative Grassroots Trainer. Mr. Gagen taught us valuable ways to contact, meet, and converse with our legislators. His lecture was filled with the "do's and don'ts" of legislative contact. His main concern was to teach effective advocacy for our interests. The evening session provided orientation related to current nursing and health-care related bills by the Texas Nurses Association (TNA). The purpose of this session is to prepare attendees to discuss nursing issues with individual legislators during the Capitol visit. The bills discussed at this session included:

HB 884/SB 192 – Ensuring Publicly-employed nurses have the same patient advocacy protections as other nurses. Currently, publicly employed nurses do not have the ability/right to sue if retaliated against for reporting patient care concerns. You may also hear this referred to as "limited waiver of sovereign immunity for publicly employed nurses". SB 192 would "enhance patient advocacies protections for nurses including providing immunity from the criminal liability for reporting, increasing administrative fines for retaliation, and extending protections to nurses who advise other nurses about rights". (Think back to the 2010 trial of the Winkler County nurses.)

HB 2902 – Self-Directed, Semi-Independent Status for the BON. This bill would give status as a

- self-directed, semi-independent agency granting the Board more flexibility over its use of budgeted funds.
- HB 703/SB 295 Preventing violence against nurses in the workplace. This bill makes it a felony to assault healthcare workers.
- HB 2117/SB733 Notification of parents if no school nurse is assigned at a child's campus for a period or more than 30 days.
- HB708/SB 1260 APRN prescriptive authority. Gives APRNs "autonomous authority to prescribe under the authority of their nursing license". It has the potential to give Texans who live in medically underserved areas access to badly needed healthcare in a timely manner.
- HB1/SB1 Maintenance of shortage funding. TNA supports "maintaining the \$45 million funding appropriated for nursing shortage reduction program in 2010-11". HB 1effectively zeros out this funding, as in no funding at all. SB 1 leaves \$32 million in this funding. Finding ways to balance the state budget is no doubt an important endeavor, however there is a true nursing shortage in Texas and the nation as a whole. We must, as a profession, stay vigilant in promoting the importance of nurses to the health and care of Texans.

The above bills are not inclusive of all of the Nursing Legislative Agenda. They were chosen by TNA as some of the more important ones to nursing. The following website shows progress of Nursing Legislative Agenda bills and is updated daily: <a href="http://texasnurses1.org/">http://texasnurses1.org/</a>
LegislativeNews.asp. I would highly encourage you to look up this site and follow the progression of these and other bills that are very important to nursing issues. All of this information was provided by the Texas Nurses Association who has a very strong lobby in Austin. I

have been privileged to sit in on a weekly teleconference at the invitation of the TNA District 18 President, Patty Freier, with the TNA Governmental Affairs Committee for updates. It has been very educational and continues to ignite my passion for these issues. One of the best things we can do to advocate for our patients is to stay current with pending nursing legislation and notify our individual legislators of how we expect them to vote on these issues.

Nurses have such a powerful voice! The following is just one instance of nurses using their voices to stop bad legislation from going forward. TNA sent out notification of HB 1013 (related to prohibition of confidential/ anonymous complaints to the Texas Medical Board) which would have eliminated the confidentiality of nurses who report physicians to the Texas Medical Board. The Texas Medical Board does not accept anonymous complaints. In fact, the Texas Nursing Practice Act requires nurses to file signed, written complaints. Working with James Willmann, JD, General Counsel & Director, Governmental Affairs, Texas Nurses Association, Rep. Donna Howard (who just happens to be a nurse!) offered an amendment to ensure the confidentiality of nurses who report substandard practice to the Texas Medical Board. The Representative carrying HB 1013 accepted the amendment after nurses all over Texas contacted the offices of their Representatives to oppose this legislation. The bill with the amendment was passed. Comments were made by House Representatives about how many of their "nurse constituents" contacted them for support of the amendment to HB 1013. Again, think Winkler County nurses and the probability of a repeat of that whole situation if this bill had passed with no amendment protecting registered nurses and licensed vocational nurses who report physicians to the Texas Medical Board. Mr. Willmann and Rep. Howard deserve a huge "Thank You!" for serving as nursing advocates, and so do all of the nurses who took the time to voice their concerns/opinions to their own Representatives! Thank you for your response when the calls and e-mails came! You are all heroes in my eyes!

On the national front, let it suffice to say that budget funding is, and will continue to be, the focus of Congress and the Senate. As widely reported in the news media, the Senate passed the FY 2011 Continuing Resolution to fund the government thought September 30, 2011 while avoiding the defunding of the Affordable Care Act. There is a total of \$38 billion in cuts for government spending from the FY 2010 levels. According to the Nursing Community, the Bureau of Health Professions under HRSA received \$164 million in cuts. It is unknown at present how the cuts will impact Title VIII funding. FY 2012 Funding for Title VIII, National Institute of Nursing Research (NINR), and Nurse Managed Health Clinics has been requested as \$313.075 million, \$163 million, and \$20 million, respectively. As ASPAN liaison to the Nursing Community, I will continue to report information as I receive it. Watch your e-mail as that is my main method for communication. If you would like to be added to my list, please notify me at Cindy.Hill@umchealthsystem.com. Take care and have a wonderful summer!

## **TAPAN 2011-2013 Secretary Position Available**

We are still looking for an energetic person that has had prior experience as a officer or committee chair and is in good standings with TAPAN. Good at taking minutes for board meetings. We are still looking for a Secretary for 2011-2013. Please send me a Willingness to Serve form or call me at 512-303-4661 or 512-217-9918. We need your help for the TAPAN board. It is a good place to start being more active in your professional organization. Thanks for considering it. Give me a call so we can talk about what the duties are. �

Linda Allyn RN, BSN, CPAN, CAPA Past President PAGE 8 EYEOPENER

## The Nurse of Tomorrow Will Only be as Good as What They See in Us Today

Scholarship Article submitted by Suzanna M. Feliciano, BSN, RN, CCRN

verall, the 2010 TAPAN State Conference, as has been my experience in the past, was very well organized and provided a range of topics that sparked my interest. The hotel was excellent; this is always key to a successful event. The dining experience was elegant and I felt "pampered". Nurses work hard and we enjoy this once in a while. I would like to suggest to the board, to continue to carefully select the hotels for their amenities and their name. This is at the top of the list for nurses when making the decision to go, as well as keeping the price affordable.

Conference Co-Chairs, Beverly and Prudence, did an excellent job! I have first hand experience with the amount of time, dedication, and hard work it takes to plan, organize, and pay attention to all the details (the snack room was a nice plus). The meeting room was just the right size and had great acoustics so that all speakers were heard very clearly.

For me, one of the most informative presentations was *Forensic Nursing*. Ms. Arbique presented great information, substantiating her comments with our "scope of practice". She emphasized that everyone stay informed by navigating through the BON website. She reminded us that they also provide seminars on Legal Issues. The presentation on *Breast-feeding and Bonding* was right up my alley. I recently moved to the NICU so it was nice to hear this topic at conference. Varied topics will always impact someone!

As an active member of TAPAN Hill Country & South Texas Region (formerly District 6), I am proud to represent perianesthesia nursing. Currently, I serve as Co-Chair on our education team. For the past two years we have focused on monthly CE educational sessions in conjunction with our monthly meetings. This has created an atmosphere of certification, while gaining new members. Any nurse having worked in a perianesthesia setting develops a certain passion of nurturing and caring for the surgical patient. The patients' families become an important part of this process. We invite all perianesthesia nurses to join us at our monthly meetings to advance their education, volunteer, and become active in networking.

In 1997 I began my perianesthesia journey. The PACU in my hospital (University Hospital in San Antonio) is unique, because every perianesthesia nurse must be skilled in caring for adults, children, and infants. This is evident in many Texas settings and is why I remain dedicated to advancing perianesthesia education. Previous to working in PACU I was fortunate to work for nineteen years in a Pediatric ICU. Our focus has always been to maintain a safe environment and provide excellent compassionate care to every child and family member that enters our unit.

My eleven years of experience in perianesthesia nursing has impacted me tremendously. I would like to see more nurses involved in their local chapters, volunteering in the community and never forgetting your beginnings. Years ago, nurses provided care because that was how we were taught. EBP stemmed from this concept. Some old things were not safe, but basic nursing skills will never change. Nursing programs can not teach compassion and common sense. As we become skilled nurses, we need to make these qualities visible and evident to our future nurses. The nurse of tomorrow will only be as good as what they see in us today. They will be the ones caring for us. Make it a habit to share your knowledge and your experiences. Practice accuracy and focusing on your care. A Nurse will always have to multi-task, but we must learn early in our careers to prioritize. Unsafe practices can create a situation of near misses, errors, and deadly mistakes. My motto in life has always been...I would rather learn from another's mistake, not mine! This definitely applies to Nursing. �

#### **Lighting Your Paths: Beacons of Change!**

Hermie Robles, BSN, RN, CPAN, TAPAN Vice President/President-Elect

am personally inviting all of you to attend the Annual Leadership Conference. This educational activity is designed to promote professional development and mentor our future TAPAN leaders. In line with our ASPAN President's theme: Beacons of Change...Focusing on the Future, our goal is to inspire each of you to get out of your comfort zones, be in the forefront and take the lead in the face of all the changes happening in the healthcare industry as well as the new and evolving technology affecting our everyday nursing practice.



We need you! TAPAN is the third largest component of ASPAN, but we have yet to hear from many of you. With 900+ members, we ought to have more participation in the Leadership arena. We need to hear your voices, receive more e-mails and phone calls on how TAPAN can best serve and meet your needs. Attending this conference will give you that opportunity to connect. Refuse to sit down and be silent. If all you need is a little nudge or a big push, this is the best time. TAPAN recognizes the need for succession planning. I have invited wonderful speakers whose great accomplishments will speak for themselves. There is a great promise of reigniting your passion and inspiring you to follow the footsteps of our former leaders and have that compelling vision as Beacons of change. We welcome more active participation and involvement in our organization. We aim to reach out, mobilize our membership and awaken the leaders within you.

This year's Leadership Conference will be held in Houston on August 13th at Memorial Hermann the Woodlands Hospital Conference Center. It will be offered to all members and non-members for a minimal fee. You will have the potential to earn up to 6.5 CE's. You will also have the opportunity to attend our Board Meeting and network with TAPAN Leadership and members. Every year, TAPAN provides free registration and hotel accommodations to two designated officers or representatives from your Region. More information will be sent out to each region's Presidents. We plan to send the brochure through e-mails, but I would be happy to mail one to your hospital or home address upon your request.

Recognizing their leadership potential, please push...err...encourage your colleagues to attend. I know it will be really crazy of me to expect all 900+ members to attend, but dreams are free, so I can... right? I look forward to seeing many of you!

#### **Policy & Procedure and Transition to Regions**

Susan Russell, RN, JD, CPAN, CAPA



ith TAPAN's 34th Annual Business Meeting in September 2010 we officially inaugurated our newly reorganized geographical boundaries, now known as Regions. Part of the process of reorganizing is reviewing, revising, and rewriting our existing P&D to better serve the members and the Everytive Reard. Although we observe a time P&D to better serve the members and the Everytive Reard.



ing P&P to better serve the members and the Executive Board. Although we observe a three-year rotating cycle, every policy and procedure needed a brief review to meet the Association's current needs and future goals. That process will conclude with the Executive Board meeting to be held August 13-14,

2011 in Houston. Electronic copies TAPAN's Policies and Procedures will be provided each Regional President at the 35th TAPAN Annual Conference and Business Meeting in Round Rock, Texas September 16-18, 2011. TAPAN's Bylaws are reviewed every three years and are available to every member on the website at www.tapan.org.

PAGE 10 EYEOPENER

#### **TAPAN's 35 Year Evolution Celebration September 2011**

Susan Russell, RN, JD, CPAN, CAPA and Linda Allyn, BSN, RN, CPAN, CAPA 2011 TAPAN Conference Committee Chairs

on't miss the 35th Annual TAPAN State Conference September 16-18. Commemorate TAPAN's evolution from a fledgling group of "recovery room" nurses to a nationally recognized organization of "perianesthesia" nurses. Join us in Round Rock at the Marriott La Frontera. Bring a co-worker or two with you for educational sessions, networking, and celebrating. Austin and Round Rock offer many choices for shopping, dining, and entertainment.

Come learn about total shoulder arthroplasty, ECKMO, obstructive sleep apnea, what to expect if you are reported to the Board of Nursing, care of the pediatric grid patient, and so much more. Join us for the ASPAN CPAN/CAPA Review course Sunday, September 18. This course is a great way to prepare for the certification exams. It is equally valuable to nurses looking for a thorough review of perianesthesia nursing or classes which meet the Texas Board of Nursing's requirement for continuing education in your specialty.

The Marriott at La Frontera is within walking distance of several options for both dining and shopping. Opt for a short drive down I-35 on Saturday evening to enjoy a night of comedy with Austin's version of Saturday Night Live. If you haven't been to "Esther's Follies," come along for a delightful evening of political comedy, Austin-style. Watch the website, www.tapan.org for more information. Make your plans early. We have limited seating available. As Coach Mack Brown says, "Come early, Stay Late, Be Loud." Tailgate with TAPAN. Celebrate our national triumphs for bring-

#### **Guidelines for Historian and Outstanding Region**

Pru Nietupski, RN, BSN, CAPA, 2nd Vice President

A ugust 31st seems so far away, but we are in our eight month of this TAPAN year and I'll bet a lot of TAPAN activity has already taken place. It's time to begin putting those finishing touches on your Historian Award submission and your Outstanding Region Award submission. The guidelines can be found on our TAPAN website, www.tapan.org. When you log on go to the Forms tab and open it and will see guidelines for both awards. It's important to follow the stated criteria to boost your points.

Last year we had our fist electronic submissions for the Historians award, both very creative. 2011 will be our last year to accept the traditional scrapbook. Award submissions for the 2012 State will only be accepted in electronic format.

Now's the time to find your region's "computer savvy" and your "creative" folks and have them work on the new format for the electronic Historian Award.

Here are a few ideas to keep in mind when working on your "electronic scrapbook"

- ✓ Include items that are current for this year Sept 2010-Sept 2011 (think state conference to state conference)
- ✔ Remember to include names and descriptions for any photos
- ✔ Organize it chronologically
- ✓ Include items, photos that are relevant to your region and its activities through the year

There are many ways to be creative with this project. Promote your region and it's members, promote TAPAN. Show your support for "going green".





Income from Dues: \$ 9433.04 Raffle at ASPAN \$200.00 Sales of Pins: \$20.00 Gold Leaf Award: \$500.00 Treasurer's Report



Debra L. Bennett, RN, BSN, CAPA TAPAN Treasurer



Dues Paid to Regions \$7777.63 CAPA/CPAN Awards: \$270.00 TAPAN Representation for Nurses Day at the Capital: \$479.44

Balance = \$30,240.54



TAPAN Representation at ASPAN National Convention: \$2565.00

#### **Executive Board Meeting: Summary of Minutes**

Deborah Davis, RN, BSN, CPAN, TAPAN Secretary

The TAPAN Board of Directors met in Round Rock, Texas on March 5-6, 2011.

<u>Members present</u>: Susan Norris, Prudence Nietupuski, Hermie Robles, Debra Bennett, Deborah Davis, Alison Watkins, Linda Allyn and Susan Russell.

#### March 5:

Policy and Procedure chairperson, Susan Russell led the review/revision of policy numbers A-005 (Authority/Conflict of Interest), A-007 (President's Award), A-008 (Distinguished Service Award) and A-009 (District Star Award).

#### March 6:

<u>Secretary's Report</u>: January 2011 minutes were reviewed, revised, and accepted led by Secretary Deborah Davis.

<u>Treasurer's Report</u>: Balance of \$30,240.54 reported by Deborah Bennett. Quarterly audit of expenses complete.

2011 State Conference: Linda Allyn reported the conference on schedule. Location: Round Rock, Texas at the *Marriott La Frontera*, Sept. 16-18, 2011. There will be an ASPAN sponsored CPAN/CAPA review on Sunday Sept. 18.

2011 Leadership Conference: Hermie Robles reported the location, date, and time as The Woodlands *Memorial Hermann* Conference Center on August 13, 2011 from 7:00 a.m.-3:00 p.m.



<u>PANAW</u>: Hermie Robles reported the winner of the PANAW Survey contest was San Antonio member, Lucy Mork. She will receive renewal of her CAPA certification. Congratulations Lucy!

<u>Policy and Procedures</u>: Susan Russell suggested that policy (A-009) District Star be replaced with new policy A-013 TAPAN Star Award. A-009 was archived and A-013 was accepted. Region presidents will receive this update from President Susan Norris.

Membership: Currently 894 TAPAN members.

<u>2011 ASPAN 30th Annual National Conference</u>: TAPAN donated an auction item (electronic reader) to ASPAN Foundation's Silent Auction.

<u>2012 TAPAN State Conference:</u> Deborah Davis reported that potential locations for the 2012 conference are being visited.



PAGE 12 EYEOPENER

#### **New: TAPAN Star Award**

The TAPAN Board is pleased to introduce a new award designed to recognize outstanding TAPAN members for their contributions 'above and beyond' to TAPAN and perianesthesia nursing. This is your opportunity to recognize a colleague who exemplifies service to perianesthesia nursing. All current TAPAN members are eligible for the award which will be presented annually at the State Conference. The nomination form is located on the TAPAN website under the "Forms" tab - <a href="http://tapan.org/forms.asp">http://tapan.org/forms.asp</a>. Deadline for submission is August 1, 2011.



## Many Practices... Just One World

www.aspan.org

Keep up with the latest news and information for TAPAN members. Follow us on Twitter ® @tapan\_nurses

#### Editor's Note

Cyndi Mocek, RN, ADN, TAPAN Editor

embers can bring a critical eye to our state newsletter and are encouraged to contact the editor with suggestions for improvement. Members are also encouraged to write articles pertaining to perianesthesia nursing. Your experiences are the best resource!

I look forward to hearing from you! E-mail: mocek.rn@sbcglobal.net

## TAPAN Operations

**ASPAN Region 2 Director** 

Armi Holcomb, RN, BSN, CPAN aholcomb1@kc.rr.com

**Eyeopener Editor** 

Cyndi Mocek, RN, ADN mocek.rn@sbcglobal.net

P & P Coordinator

Susan Russell, RN, JD, CPAN, CAPA <a href="mailto:spraustx@aol.com">spraustx@aol.com</a>

Governmental Affairs Chair

Cindy Hill, RN, BSOE, CPAN, CAPA <a href="mailto:chill@teamumc.com">chill@teamumc.com</a>

#### Research Chair

Les Rodriguez, RN, MSN, MPH, ACNS-BC, CPAN pmrod@sbcglobal.net

#### From the Editor



The *Eyeopener* is the official publication of the Texas Association of PeriAnesthesia Nurses (TAPAN).

All rights reserved. No part of The *Eyeopener* may be copied or reproduced in any form without prior written permission from TAPAN. Contact the editor for further information.

#### **Eyeopener** submissions:

Members are encouraged to write to the editor with comments, suggestions, and/or articles of interest to PeriAnesthesia Nursing. Submissions must be typed and double spaced. It is the responsibility of the author of items submitted for publication in The Eyeopener to verify the accuracy of information and provide appropriate references. The editor and the TAPAN Board reserve the right to edit or reject submitted material.

#### Submission Deadlines:

February 15: Spring Edition May 15: Summer Edition August 15: Fall Edition November 15: Winter Edition

Send comments, suggestions and/or submissions to: Cyndi Mocek, RN, ADN 4333 Willow Bend Drive Arlington, TX 76017 mocek.rn@sbcglobal.net