TIME is of the essence!
What does this truly mean?
We are so busy with our day to day activities without realizing how time passes us by. It is saying hello to us sometimes, but in our haste we may or may not pay any attention.
I was preparing for a talk in one of our Leadership seminar on “Balancing Life while Pursuing Leadership Potentials.” I came across a story about the Mason jar and then just last week, read the story of The Mayonnaise jar and Two Beers. It is a bit long so I urge you to search- Google it. Quite inspiring to know how these simple stories can easily relate our lives to a jar; where you can not imagine filling the jar with rocks, stones, pebbles, water which represent the priorities in our lives and still say it is never quite full. Why, because they can be carefully rearranged and then unexpectedly, would all fit inside very well. Each of us has our own priorities, and getting them to beautifully fit into our busy schedule takes a lot of skills and hard work. I wish to inspire each of you to take the courage to pour your own rocks and pebbles in your personal jars; to shake it a little bit and see how easily the sands and water fit in. Don’t let time pass you by. Seek and grab the opportunities to be part of our great TAPAN.

It is with great honor that I will be serving you for another year. I would like to ask all of you to email and get in touch with me as your President or any of the board members. We need to hear what you have to say. We welcome feedbacks and suggestions at all times. I am an advocate of shared leadership and transparency in our organization. How do we meet your needs as members? If you give us our score card, how do we measure on expectations? How can we reach out and inspire you more? We need strong leadership pool for succession planning, especially in the local/region level to sustain the success of our organization. Step forward please!

Executive Board meeting in the fall has always been the most tedious of all our board meetings. It is usually held after the annual State Conference. It was a two day meeting, full of discussions and decision making including financial audits and the 2012-2013 Budget. It was very productive and we should all be thankful for all the efforts and deep commitment of every board member. We developed new policies; reviewed and revised many policies including our TAPAN Bylaws. They are now posted on the web. Hope you had the chance to read and review them.

Hermie Robles, RN, BSN, CPAN
TAPAN President 2011-2013
Region 2 Report
Armi Holcomb, RN, BSN, CPAN Region 2 Director

“You can see things that are and you say “why” but I see things that never were and I say “why not?”
…. G. B. Shaw

Yes, why not get more involved in AS-PAN. Certainly there are so many opportunities out there just waiting for you. Did you remember to complete the Willingness to Participate form? President Elect/Vice President Twilla Shrout will use these applications to formalize the different committees and Strategic work teams to better accomplish ASPAN’s mission. Completing this is the first step towards becoming more involved. There was a call for nominations for positions at the national level. The ASPAN Board just concluded its Mid Year Board meeting and we got the report from Immediate Past President Chris Price from the Nominating Committee. We have a robust slate of candidates. Why not exercise your right as an ASPAN member to vote online for the candidate that you choose. You all have delegates to the Representative Assembly that will cast the vote for your component. It is up to you to make sure that your voice is heard. I encourage you to go the ASPAN website as often as you can. There is so much information there for each of us.

I have a mental block when someone says research or EBP. But when I hear our research experts like Dr. Kim Noble Director of Research for ASPAN talk about research and the new member benefit in JBI, I get to thinking “why not” try it sometime. There is a tutorial on the ASPAN website to help you get started. Our 2012-2014 ASPAN Perianesthesia Standards, Practice Recommendations and Interpretive Statements have just been published and are available for purchase. Have you taken advantage of your member discount to get yourself a copy and one for your unit?

Time flies so fast I can’t believe it’s been 6 months since Orlando’s national conference. Soon enough we will be celebrating PANAW week in February. Why not work on getting the ball rolling and plan how you will celebrate it within your units and within your component. It is not too early to be thinking of getting proclamations from your state governors. Contact your local nursing newspapers and the local media and let the public know who we are.

So, why not? There are leaders in our region just waiting to take the opportunity to shine.

I am always at your service. Please contact me at aholcomb@aspan.org.

Armi Holcomb RN, BSN, CPAN
H-913-897-3040 W-913-696-8108
aholcomb@aspan.org or armiholcomb@yahoo.com
President’ Message: continued from page 1

Scholarships and Educational grants have always been an important goal for us. It is very surprising how we have over 1,000 members and we don’t have but one application for TAPAN scholarship this year. We budget to award deserving members every year. We promote and encourage members to avail of these funds. We even revised the criteria and given more points for even the smallest of active participation in the local, state and national level. Please read the policy on Scholarship and how to be eligible to apply from TAPAN. You may also download application forms to share with your colleagues. Set your goal and plan ahead so that you will not miss the opportunities to earn merit points.

Have you heard of “Incorporation”? In accordance with the law, each of our regions is fully incorporated into the mother organization which is TAPAN. Every activity in each region is part of TAPAN. Linda Allyn, Chair of TAPAN Membership & Marketing committee, had been busy researching on how we can be compliant with the law of Incorporation. The conflict may arise with TAX application at the end of the fiscal year when TAPAN does not have the financial records and transactions of each region. It may also have effect on maintaining our not-for-profit status as professional organization. Because of this, each region will have to apply for your own TAX ID number. The cost which will be $400.00 was approved to be funded by TAPAN treasury during our Budget Planning. Linda would be providing our region officers with more information about Incorporation.

PANAW is just around the corner. Please visit ASPAN website for the PANAW week theme. I encourage you to celebrate within your regions and hospital facilities. Once again, we will raffle Free ASPAN/TAPAN Membership during PANAW week. Each region will have one lucky winner. To join the raffle, all you have to do is “email” me and let me know you are proud to be a PeriAnesthesia Nurse. Your email will be your entry. Please show your appreciation to your colleagues by sharing this information.

We often see this quotation: “Faith makes all things possible, Hope makes all things work, and Love makes all things beautiful”. In this season of gift giving, may the good Lord bless each of you and make you very rich on all the three!

From my heart and my home to yours...wishing you all the warmth and joy of the Holiday season!

“Faith makes all things possible, Hope makes all things work, and Love makes all things beautiful”
Spotlight Across Texas: Region News

Upper Gulf Coast

Bong Narvas RN BSN CVN
On Sep 21, 2012, a new set of TAPAN UGCR officers were inducted to office by no less than the immediate past President Teresita Santiago BSN RN CPAN. The induction was held at the Kelsey Seybold Main Campus with Ms Thelma N Duremdes BSN RN CAPA heading the group. Immediately after the induction, a meeting was held with Ms Duremdes as the presiding officer. Discussed during the meeting was the year long calendar for the UGCR.

For the past three months, the UGCR provided educational programs to its members as follows: Renal Replacement Therapy held on October 2, 2012 with Sohrab Alexander Sardual BSN MBA RN; X-ray Interpretation for the Bedside Nurse on November 10, 2012 with Miranda Kelly DNP, APRN, CNS, ACNP-BC as speakers. Each educational program provided 1 contact hour.

Two successful community outreach programs were participated in by the UGCR members. The first was held at the St Albert of Trapani Catholic Church on Oct 7, 2012 and the second was at the Chinese Church Community Outreach Health Fair on October 27, 2012. Members offered their expertise in blood pressure and blood sugar screening.

In the spirit of holiday season, the UGCR will sponsor a project by donating non perishable items/goods to be distributed to different church food pantries. In this regard, each member was requested to bring any non perishable items on the November and December meetings.

UGCR is busy preparing for their Spring Seminar. The seminar is tentatively scheduled on Feb 16, 2012. The venue is yet to be announced.

North & East Texas

No news reported!

Hill Country & South Texas

Wesley Richardson, PhD, MSN, RN
HCSTR recently hosted their 3rd Annual TAPAN HCSTR Fall Seminar: Perianesthesia Nursing in the 21st Century, November 10, 2012. The planning committee deemed the outcome a success, and would like to thank all of the participants. The region also extends thank you to the Baptist Healthcare System and the University Health System in San Antonio for their support.

Emergence delirium, Pacers, Peer Review, and Chronic Alcoholism are a few of the topics being considered for the one half day seminar.

Far West Texas

No news reported!

President Elena Abaquin), Grace Mayfield, Audrey Sims, Vanessa Roman and Ronelle Hataway. Ronelle graciously accepted the position of coordinator for the chapter. Even though they had a lot of questions, they were all beaming with enthusiasm during the meeting. They agreed to host the late spring or early summer seminar of our region come 2013. Please offer your support to all the members of our new chapter.

Our next regional meeting will be in Abilene,TX on January 12, 2013 at 10 am. We hope to see all our members then. Details to follow.

Preparations are in the making for our celebration of PANAW Week. Calling all members of our region to join us in Abilene,TX come February 9 for our seminar.

West Texas & Panhandle

Edna Pabruada RN BSN CPAN
It is with great pride that we announce the formation of our first chapter in our region, The Brownwood Chapter. First meeting was held last October 13, in Brownwood with the ff: in attendance- Charon Howell Region President, Edna Pabruada Region Secretary, Suzanne Reyes (who did most of the legwork for the formation of their chapter with help from our Immediate Past
The next TAPAN State Conference will be in Grapevine, TX. Please note the change in date! Historic Grapevine, Texas, located between Dallas and Fort Worth, is a go-to destination when planning a trip to North Texas! Step back in time in Historic Downtown Grapevine with its collection of shops, restaurants, and art galleries. Enjoy fantastic hotels and resorts, great attractions for the entire family, fabulous shopping opportunities, outstanding dining at over 200 restaurants, winery tasting rooms, a wide variety of outdoor recreational activities, award-winning festivals and events and much more. Grapevine has something for everyone.

By Deborah J. Davis RN BSN CPAN, TAPAN 2nd V.P., Awards Committee Chairperson

Early preparation pays off! The 37th Annual State Conference will be in Grapevine, Texas in October 2013. Want to get involved? Did you know that TAPAN's five (5) regions compete for recognition and financial rewards at the State Conference?

You can participate on the Awards committee members electronic submitted. Compete standing Region Award (ORA) and the Historian's Bluebonnet Award.

“Your are never too old to set a new goal or dream a new dream! “ - C. S. Lewis

Set a goal to participate in 2013. 1). Check the TAPAN.org website > forms - read the Criteria for scoring and the point system used to judge the entries 2). Submit a Willingness to Serve on the Committee to Deborah Davis @ djdavis@texaschildrens.org. Get an early start-- Volunteer!

Region Awards and Recognition

Outstanding Region Award / Historian's Bluebonnet Award 2013!

by Deborah J. Davis RN BSN CPAN, TAPAN 2nd V.P., Awards Committee Chairperson

Each year at the TAPAN Annual State Conference, during the Business Luncheon, awards are given to the regions and runner-up regions for encouraging and supporting their members throughout the year. The TAPAN mission: TO ADVANCE NURSING PRACTICE THROUGH EDUCATION, RESEARCH AND STANDARDS is demonstrated in each region. The Outstanding Region Award and the Historian's Bluebonnet Awards recognize these efforts based on a list of criteria that have point value. You are All OUTSTANDING!

It is not too soon for each region to begin compiling electronic information and organizing it. The time will pass quicker than you think and it is easier to keep up throughout the year rather than try and reconstruct the events. Historians, keep your records up to date. Form a committee to assist Members, help the ing to help them Read the criteria - found in forms on the site!

Your regions are doing fun, educational and charitable things, all year! Save those memories and make plans to show what you have been doing all year at the state conference in Grapevine, Texas October 11-13, 2012.
To ALL PeriAnesthesia Nurses:

TAPAN Raffle: One year FREE ASPAN/TAPAN Membership  
(One Lucky Winner from each TAPAN Region)

To Enter:
1. SEND an Email to Hermie Robles, TAPAN President - hrobles@sleh.com
2. SAY: “I am proud to be a PeriAnesthesia Nurse!”
3. TAPAN member: Yes or No
   - Entries may be emailed anytime until PANAW week.
   - Drawing will be held on February 10, 2013
   - Winner will be reimbursed with proof of membership application or renewal
   - Winner will be announced in the Spring Edition of Eyeopener

Perianesthesia Nurse Awareness Week (PANAW) is the time for you to demonstrate the importance of perianesthesia nursing in healthcare. Show support for your profession, staff, colleagues, and friends with gifts displaying the 2013 PANAW logo. ASPAN has put together a great selection of items that are now available for purchase. Visit PANAW Promotional Catalog and make this year's celebration the best ever!!

Nominate your Colleagues for the Advocacy Award

You are witnesses to everyday heroes in your workplace. It’s not too early to start thinking about nominating a hard-working CPAN or CAPA nurse for the ABPANC Advocacy Award. This prestigious award recognizes a certified nurse who exemplifies leadership as a patient advocate. Show your colleagues and friends that you appreciate them. If selected, the nurse you nominate will be honored during the CPAN/CAPA Breakfast at National Conference in April, 2013. The winner receives a statue, plaque and scholarship to cover their next recertification fee. The unit she works in will receive a check for $350, and you will receive a $100 cash award for the nomination. Get the application, click http://www.cpancapa.org/resources/awards/

ABPANC Board Representatives to ASPAN Components

Do you know? TAPAN, as a component of ASPAN belongs to Region Two. Anette Brancati is the member of ABPANC Board assigned to our region. If you have any question for your certification representative, contact her at abrancati@att.net

New 12-week Study Plan Outlines Information to be reviewed for Exam Preparation

Some of most experienced Coaches have created a new Lesson Plan that organizes subject matter to be reviewed in approximately four hours per week, for the 12 weeks leading up to an examination. You may review the new CPAN and CAPA Examination Study Plan and use it for small study groups or as your own personal study plan. Copies are available on ABPANC website under the “Certification” tab, then click on “Exam Preparation.” For more information about becoming a Certification Coach, or finding a Coach in your area, contact Zelda Williams at zwilliams@proexam.org
## Spring 2013

<table>
<thead>
<tr>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration Window — Online</td>
<td>January 14 – March 11</td>
</tr>
<tr>
<td>Registration Deadline — Online</td>
<td>March 11 by 11:59 p.m. ET</td>
</tr>
<tr>
<td>Time Period for Scheduling Examination Appt. with Prometric</td>
<td>Upon receipt of your ATT letter through May 16</td>
</tr>
<tr>
<td>Examination Administration Window</td>
<td>April 8 – May 18**</td>
</tr>
<tr>
<td>Deadline for Cancelling Appt</td>
<td>3 business days before scheduled test date</td>
</tr>
<tr>
<td>Postmark deadline for requesting withdrawal, refund, rollover from PES</td>
<td>On or before last day of examination administration window</td>
</tr>
</tbody>
</table>

## Fall 2013

<table>
<thead>
<tr>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration Window — Online</td>
<td>July 15 – September 9</td>
</tr>
<tr>
<td>Registration Deadline — Online</td>
<td>September 9 by 11:59 p.m. ET</td>
</tr>
<tr>
<td>Time Period for Scheduling Examination Appt. with Prometric</td>
<td>Upon receipt of your ATT letter through November 14</td>
</tr>
<tr>
<td>Examination Administration Window</td>
<td>October 7 – November 16**</td>
</tr>
<tr>
<td>Deadline for Cancelling Appt</td>
<td>3 business days before scheduled test date</td>
</tr>
<tr>
<td>Postmark deadline for requesting Withdrawal, refund, rollover from PES</td>
<td>On or before last day of examination administration window</td>
</tr>
</tbody>
</table>

Please note: the last day of the registration window is a FINAL deadline. Applications submitted electronically after midnight on this date will NOT be accepted.

Not all Prometric test sites are open on Saturdays. Confirm with Prometric if the test site is open on Saturday.

**Saturday test date — Not all Prometric test sites are open on Saturdays. Confirm with Prometric if the test site is open on Saturday.

## Examination Fees

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASPAN Member*</td>
<td>$285</td>
</tr>
<tr>
<td>Non-ASPAN Member</td>
<td>$385</td>
</tr>
</tbody>
</table>

## CPAN / CAPA Certification Study Plan

A typical review period of time for study is approximately 3 months. ABPANC has developed a lesson plan that is built around a 12-week schedule. The content should be covered thoroughly. The plan is based on spending approximately 4 hours/week. Visit [http://www.cpancapa.org/pdfs/CPAN_CAPA-StudyPlan.pdf](http://www.cpancapa.org/pdfs/CPAN_CAPA-StudyPlan.pdf) to view the plan.

## Buy One – Get One Free!

ABPANC is currently offering a special buy one practice exam, get one free! If you are studying for the CPAN &/or CAPA certification exam, the practice exams are an excellent way to evaluate your current knowledge and evaluate areas to focus your study plan on. The exams are also an excellent way to become familiar with the question format utilized on the certification exams. Each practice exam consists of 50 questions selected at random from the practice exam bank. Already certified? You can earn CE that can be applied towards your recertification requirements. For more information, please visit [http://www.cpancapa.org/certification/practice_exams.php](http://www.cpancapa.org/certification/practice_exams.php).
TAPAN Website

TAPAN’s website has been completely revamped. If you haven’t stopped by recently, take a few minutes to visit www.tapan.org and see what’s new.

One of the new items on the website is a calendar that lists upcoming meetings, CE offerings and important deadlines. You can subscribe to the TAPAN calendar (Calendar ID: txassocofperianesthesianurses@gmail.com) and set up your calendar program (Google calendar, Apple Calendar, Yahoo Calendar, etc.) so that you receive notifications when items are added, changed or to remind you that an event is happening.

Call for Nominations

TAPAN is governed by a volunteer Board of Directors. The primary responsibility of the Board is to provide leadership to the organization. Are you someone, or do you know someone, who is devoted to the TAPAN mission of promoting perianesthesia nursing practice and education? We are currently seeking candidates for the positions of Vice President/President Elect, 2nd Vice President and Secretary. To find out more about what these positions entail, please visit the appropriate position descriptions located on the TAPAN website - http://www.tapan.org/tapan-policies-procedures.html (Policies: O-004, O-005 and O-007). To submit a nomination, please complete the Willingness to Serve form and email it to Susan Norris, Immediate Past President.

Earn Free Contact Hours

Interested in becoming a Certification Coach? ABPANC has all the support materials you need to lead a small group of certification candidates as you help them prepare for a CPAN and/or CAPA certification exam. Volunteer Coaches earn three contact hours a year for having coached at least one individual. Contact Zelda Williams for more details – zwilliams@proexam.org.

Who Will You Nominate for the Advocacy Award?

It’s not too early to start thinking about working CPAN or CAPA nurse for the Award. This prestigious award recognizes leadership as a patient advocate. The nurse you nominate will win a scholarship to cover their next recertification exam for $350, and you will receive a $100 cash award for the nomination. Get the application, click http://www.cpancapa.org/resources/awards/advocacy/.
TAPAN Board Meets for Fall Happy Hour, Bylaws, Policy & Procedure Review

by Susan Russell, BSN, RN, JD, CPAN, CAPA
TAPAN P&P Chair

For some reason, no one enjoys reading policy and procedure manuals. The idea of writing and revising P&P frequently meets with shudders and groans. TAPAN Board members are no exception. Let’s face it—this is not the big draw for volunteering to serve our fabulous organization. Perhaps P&P would be more palatable after several tequila shots… Having revealed that not-so-well-kept secret, your Board members do take this responsibility seriously and scrutinize all recommendations carefully. This is not a “rubber stamp” board. The P&P sessions generally are the first agenda item and can take several hours.

The TAPAN Board traditionally reserves part of their Fall and Spring board meetings for policy and procedure review. This year, the Bylaws were also due for review. When the board met in Houston October 13-14, the TAPAN Bylaws were the first order of business. Policy B-003 stipulates revisions approved by the Board are to be published to the membership 30 days before they take effect. The 2012 Bylaws revisions were published on the TAPAN website for the mandatory 30 days and will take effect on December 1, 2012.

With Past President Susan Norris serving as webmaster, TAPAN’s P&P is now available on the website. No access code is required. Members and region leaders have access to any policy and can be assured that the version on the website is current shortly after policies are reviewed, revised, and updated during the year. Region leaders and members are encouraged to review the criteria for scholarship applicants and TAPAN awards. The Outstanding Region Award, A-011, includes points for activities within the region’s chapters. The Bluebonnet Award, A-10, now limits entries to electronic submissions. To encourage applications for scholarships, qualifications were revised to include more activities at the region and chapter levels. TAPAN’s Education Scholarship Award, E-003, has a new and improved Activity Points Worksheet featuring points for activities at all levels, including region chapters. Please take a look. It is easier than ever to qualify for a scholarship.

In summary, members who want to stay up to date on all things P&P can visit the TAPAN website, www.tapan.org for updates. Pull up those scholarship applications and fill them out. Review the OSA policy to see what your region needs to do to win next year’s awards. Get “pointed” in the right direction!

Get Involved….It’s Rewarding!

This year was the first time that I served on a committee for the state conference. I have to admit that I believe I have missed wonderful experiences by starting to be active in TAPAN so late in my career. Not only did I learn from my colleagues all across the state, I had so much fun and made new friends. I would recommend being on the Awards Committee to anyone who is looking for a place to serve.

Submitted by:
Gayle Stegall RN served as a committee member of TAPAN Awards Committee 2012
The TAPAN Board of Directors met in Houston during the weekend of October 13 and 14, 2012.

Members present: Hermie Robles, Sylva McClurkin, Deborah Davis, Debra Bennett, Susan Norris, Ellen Abaquin, Linda Allyn, and Susan Russell.

October 13:

Susan Russell, Policy and Procedure Coordinator, led the review and revision of TAPAN Bylaws, policy numbers A-010 (Historian’s Bluebonnet Award), A-006 (TAPAN Awards and Recognition), A-011 (Outstanding Region Award), C-020 (Faculty Honorarium and Expenses), D-005 (Inactivation of a Region), D-006 (Formation of Region Chapters), E-003 (Education Scholarship Award), O-005 (Duties of the Second Vice President), O-006 (Duties of the Immediate Past President), O-007 (Duties of the TAPAN Secretary), O-008 (Duties of the TAPAN Treasurer), O-010 (Duties of the Eyeopener Editor).

Policy number C-014 that defines the duties of the Research/Evidence Based Practice and Education Chair was also introduced and approved.

October 14:

Secretary’s Report: Minutes from the September, 2012 meeting were reviewed and accepted with revision.

Treasurer’s Report: Deb Bennett reported a bank balance of $58,823.80. There were 190 state conference attendees. Net income from the state conference was $5,572.81.

2012 State Conference Report: Deb Davis reported positive responses from the attendees. With numerous shopping centers and restaurants within walking distance, Marriott Hotel was the ideal venue. The major complaint was the lack of Wi-Fi/internet access in the conference room.

2013 Leadership Conference: The leadership workshop will be held in Houston on August 13, 2013. Location will be announced at a later date.

Board Meeting Dates: Hermie Robles distributed a schedule of TAPAN business meetings for 2013 as follows:

- January 13: Skype meeting at 1900 with Region officers
- March 23-24: El Paso or Austin
- June 8-9: Grapevine with state conference committee at 1300
- August 3-4: Houston in conjunction with leadership retreat at 1300
- October 11-14: State Conference in Grapevine Texas

Web Report: Susan Norris reported that the new TAPAN website is now in operation. The url address (www.tapan.org) remains the same. New features will include TAPAN bylaws, policies and procedures, forms, and calendar of events.

Employee Identification Number: Linda Allyn will prepare packets with information regarding application for EIN. The board budgeted $2000 ($500 per region) to pay for the regions’ EIN application fee.

Budget Planning: Deb Bennett led the discussion for the proposed 2012-2013 budget. A final copy of the approved budget will be emailed to the board members.

By Ellen Abaquin RN BSN CAPA
Secretary
After reading my job description as the chair of "Education and Research Committee", I had a major panic attack. It all seemed a little overwhelming. But then I calmed down and thought "baby steps" - for all of us.

I am asking that if you have any research or evidence based projects in the works, whether as a regional project or at your facility, please let me know. By overseeing studies being carried out within the component, I can help to connect members that are working on similar or duplicate projects and identify potential future projects. Additionally, the information will be compiled for the Gold Leaf application.

I am available to assist in applying for CE's through ASPAN. If you need help in completing the CE application, please let me know. Remember, the earlier the application is submitted, the less it is likely to cost and the greater success of having an application that is approved.

Top Ten Reasons to Join ASPAN & TAPAN

- Substantial discounts on educational offerings and ASPAN publications, including the 2012 – 2014 PeriAnesthesia Nursing Standards, Practice Recommendations and Interpretive Statements.

- Discounts on your CPAN/CAPA certification exam fees and renewal costs.

- Access to discounted practice exam questions and study guides.

- Access to Specialty Practice Groups through ASPAN that allow you to network with other nurses working in your specialty area.

- The opportunity to obtain free CE's during PeriAnesthesia Nurse Awareness Week (PANAW) every February.

- Free access to the Joanna Briggs Institute – extensive medical databases.

- You have an influential advocate for perianesthesia safety, public policy, nursing practice and standards.

- Journal of PeriAnesthesia Nursing (JoPAN) – the only nursing journal specific to perianesthesia nursing. Published quarterly.

- You meet fantastic people who do what you do, but can offer a different insight. They may also invite you on a fantastic cruise and help you to write this as you are waiting to debark! Thank you Linda and Susan!

- You can apply for scholarships to defray registration fees to state or national conferences. The only requirements are: you apply (very few do), you are active in TAPAN (not hard to do at all), and you must submit a brief report for the Eyeopener about your experience from the conference you attended (if I can do it, so can you).

Submitted by: Tracy Allen RN (to fulfill requirements of TAPAN Scholarship)
Thank you to all of you who took the time to gather your thoughts and submitted to the newsletter. This publication would not be possible if not for your contributions. Thank you all and I look forward to working with you again in 3 months. I wish everyone a very Merry Christmas and a Prosperous New Year!

Editor’s Note
Meggie L. Kwan RN BSN CAPA

Membership and Marketing Committee

Linda Allyn, RN, BSN, CPAN, CAPA – Membership & Marketing Chairperson

Over the next few months, I will be contacting the Region Presidents to assist with their application for tax exempt status. This is something that is required by the IRS due to our component structure. In order for Regions to maintain their own treasury, they must apply for and maintain tax exempt status. If a Region fails to complete the process, TAPAN will need to hold all the Region’s funds and the Region would need to request funds when they want to spend money.

I will work with one Region at a time and can meet with you when we get the preliminary work done so we can fill out the required paperwork together. If you want to start working on it on your own, let me know. This is a good thing to do this since we have just become Regions. There are several steps involved in this process and we will get through it together.

One requirement is that each Region must have its own Bylaws. If your Region does not currently have Bylaws in place, now is the time to start working on them. The TAPAN Bylaws can be used as a basis for creating Regional Bylaws. The completed Bylaws need to be submitted to the TAPAN board.

I’ll be talking to you soon.

Treasurer’s Report
Debra L. Bennett, RN, BSN, CAPA, TAPAN Treasurer

INCOME
ASPA Dues
Aug, Sept, Oct = $10,520.00

Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dues to Regions</td>
<td>$3,242.73</td>
</tr>
<tr>
<td>Deposit toward 2013 Conference</td>
<td>$2,000.00</td>
</tr>
<tr>
<td>August Board Meeting in Grapevine</td>
<td>$1,542.86</td>
</tr>
<tr>
<td>October Board Meeting in Houston</td>
<td>$882.65</td>
</tr>
<tr>
<td>Website</td>
<td>$970.00</td>
</tr>
<tr>
<td>Leadership Retreat held in Grapevine</td>
<td>$531.57</td>
</tr>
<tr>
<td>Government Chair ANA/ANA Dues</td>
<td>$500.00</td>
</tr>
<tr>
<td>Total</td>
<td>$9,469.91</td>
</tr>
</tbody>
</table>

Balance as of November 15, 2012 = $62,005.16
West Texas & Panhandle Region = New Chapter

Contributed by Suzanne Reyes—Brownwood liaison
Brownwood Chapter of West Texas and Panhandle Region

The Brownwood chapter of West Texas Panhandle (wesTpan) Region is off to a great start with the help of our “Big Sisters” from Abilene. We held a general membership meeting on October 13 at Brownwood Regional Medical Center, home base for the chapter. We would like to thank our wesTpan region officers, Charon Howell, President and Edna Pabruada, secretary. A special thank-you to wesTpan immediate past president, Ellen Abaquin for all her assistance and patience to make it a reality. Our first community project will be collecting toys and donations for the “Toys for Tots” program in our area. We are also considering manning one of the Salvation Army’s red kettles. We will be to discuss ways for our celebration to promote and celebrate PANAW. We are very proud to be and to belong to organizations such as ASPAN, TAPAN, and wesTpan and look forward to taking a more active role in all the wonderful events going on. We would like to welcome anyone who has ideas that can help us as we grow from an idea to a participating chapter to attend our meetings or to get in touch with us either through the wesTpan website or by contacting our liaison. We are just beginning but hope to model ourselves after our colleagues in Abilene and become actively involved.

From the Editor

The Eyeopener is the official publication of the Texas Association of PeriAnesthesia Nurses (TAPAN).

All rights reserved. No part of The Eyeopener may be copied or reproduced in any form without prior written permission from TAPAN. Contact the editor for further information.

Eyeopener submissions:
Members are encouraged to write to the editor with comments, suggestions, and/or articles of interest to PeriAnesthesia Nursing. Submissions must be typed and double spaced. It is the responsibility of the author of items submitted for publication in The Eyeopener to verify the accuracy of information and provide appropriate references. The editor and the TAPAN Board reserve the right to edit or reject submitted material.

Submission Deadlines:
February 15: Spring Edition
May 15: Summer Edition
August 15: Fall Edition
November 15: Winter Edition

Send comments, suggestions and/or submissions to:
Meggie Kwan RN BSN CAPA
4918 Brooklawn Dr
Houston, TX 77066
meggie.kwan@gmail.com
mkwan1@sleh.com

TAPAN Operations

ASPN Region 2 Director
Armi Holcomb, RN, BSN, CPAN
aholcomb1@kc.rr.com

Eyeopener Editor
Meggie Kwan, RN, BSN, CAPA
meggie.kwan@gmail.com
mkwan1@sleh.com

Policy & Procedure Coordinator
Susan Russell, RN, JD, CPAN, CAPA
spraustx@aol.com

Governmental Affairs Chair (GAC)
Cindy Hill, RN, BSDE, CPAN, CAPA
chill@teamumc.com

Membership and Marketing
Linda Allyn, RN, BSN, CPAN, CAPA
lallyn@flash.net

Research Chair
Tracy Allen RN
tmallen_rn@aol.com
ASPAN 32nd Annual Conference
April 14-18, 2013

Chicago, IL