



# The Eyeopener

Newsletter of the Texas Association of PeriAnesthesia Nurses

VOLUME 21, NUMBER 2 2002 & 2007 National Newsletter Award Winner  
2001 & 2008 National People's Choice Winner SUMMER EDITION 2009

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www.tapan.org

## Conferences Are Filled With Education And Fun

It is hard to believe that another year has gone by and the ASPAN National Conference is over. It seems like we should still be working on the big event in Grapevine. I met some new colleagues at Conference in April. I hope everyone that attended enjoyed it as much as I did. It continues to offer something for everyone. If you weren't able to go to Washington D.C., try to plan on attending our state conference in September. It will be in Houston this year at the J.W. Marriott and I am looking forward to learning more from the lectures as well as networking.

Sunday, at National Conference, started out with the Representative Assembly. Congratulations to Kim Kraft our new Vice President/President elect, along with the other newly elected officers. The Poston statements on the Pediatric Patient and Workplace Violence were passed and ASPAN's Guideline for the Promotion of Perioperative Normothermia will be in the next Standards, 2010-2012. There was a little healthy discussion again this year on the Resource: Universal Protocol: Pre-procedure Verification Process. This led to the Resolution to be withdrawn from voting by Valerie Hooper and it will be de-



Linda Allyn,  
RN, CPAN, CAPA  
*TAPAN President 2008-2009*

ecided if it will be revised and brought before the assembly in 2010 or completely tabled. It made for a very interesting and informative session.

If you have ever gone to a National Conference and arrive in time for the Sunday Representative Assembly you need to see what it is all about. Any member is welcome to go into the Assembly and sit in the galley and listen to the discussions. You are allowed to speak as a member but only the representatives are allowed to vote. Let your representatives know how you feel about what is being discussed so we can be your voice. It is pretty impressive to see the formality and organization that is involved in this event. It is truly a example of YOUR organization at work.

The conference lectures started on Monday morning and you

had the opportunity to attend educational sessions starting at 6 to 8 a.m. to 10 p.m. As usual it was packed full of educational and fun offerings. Washington D.C. gave us beautiful weather and the rain that we did have reminded us that we were somewhere north of Texas.

June is here and people are figuring out where to go for vacation and what to do with the children to keep them busy. This is the time for many of you to renew your membership in ASPAN and TAPAN. Think about filling out a willingness to serve form for next year or start planning to attend a District, State or National conference while you are renewing your membership. You can make it a family weekend and have the family visit NASA while mom or dad is doing the learning thing. It is a good excuse to ask off at work and meet different people from your city, state, or nation.

Even though 911 has settled in our minds it became real again when I sat with a 911 survivor that had windows imploded and saw the plane hit the first tower. Even though she didn't know if any of her family was alive, she

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## TAPAN

### Board of Directors

#### ***President***

Linda Allyn  
RN, CPAN, CAPA  
Elgin, TX  
[lallyn@flash.net](mailto:lallyn@flash.net)

#### ***1<sup>st</sup> Vice President/ President Elect***

Susan Norris RN, CAPA  
Houston, TX  
[snorris96@comcast.net](mailto:snorris96@comcast.net)

#### ***2<sup>nd</sup> Vice President***

Prudence Nietupski, RN,  
BSN, CAPA  
Richardson, TX  
[Pru\\_nietupski@yahoo.com](mailto:Pru_nietupski@yahoo.com)

#### ***Treasurer***

Herminia Robles  
BSN, RN, CPAN  
Houston, TX  
[hrobles@slsh.com](mailto:hrobles@slsh.com)

#### ***Secretary***

Deborah Davis, RN, BSN,  
CPAN  
Missouri City, TX  
[djdavis@texaschildrens](mailto:djdavis@texaschildrens)  
[hospital.org](http://hospital.org)

#### ***Immediate Past President***

Susan Russell RN, JD,  
CPAN, CAPA  
Austin, TX  
[spraustx@aol.com](mailto:spraustx@aol.com)

### ASPAN

#### ***Mission Statement***

“The American Society of PeriAnesthesia Nurses advances nursing practice through education, research, and standards.”



## ASPAN Scholarships Applications Due July

Twilla Shrout, RN, BSN, MBA, CAPA, Region 2 Director

The 28<sup>th</sup> National Conference in Washington, D.C. was a time of renewed friendships with the ASPAN family, and the conclusion of Lois's theme of “Dreams Create Lasting Legacies.” The 29<sup>th</sup> National Conference will be held in New Orleans, Louisiana April 18-22, 2010 at the Marriott. Terry's theme is “Roots of Knowledge, Seeds of Transformation.” This year at conference there was a meet the candidates on Saturday before the Representative Assembly convened on Sunday for the vote. It was important for all of the members to be a part of the input when voting for your ASPAN leaders.

The 2009 Component Development Institute (CDI) is planned for September 11-13, 2009 at the Holiday Inn by the Bay in Portland, Maine. See you there. If for some reason any component may just be sending one representative—just let me know and hopefully we can find region 2 members that will be willing to share a room. I have only missed one CDI, but always bring home information that is very useful to share with the component leaders.

ASPAN scholarships applications are due July 1, 2009. Scholarships are available for pursuit of a degree, CPAN or CAPA exam, National Conference, the Nurse in Washington Internship or a Humanitarian Mission. Go to the ASPAN Website for more information.

The CPAN/CAPA is administered online at a prometric testing site during a six week window of time. Each state has testing sites available. For more information on locations go to [www.cpancapa.org](http://www.cpancapa.org)

In November, 2009 we will be able to send in recertification online also. The first renewal notices will be sent out July, 2009.

Members from all of the Region 2 components were recognized on the ASPAN Star bulletin board. Any member can submit information via the ASPAN Website to nominate a deserving member. I would like to list some of the Region 2 members' accomplishments and recognitions from this year's National Conference.

- ◆ Up and Comers-Cathy Organ, PACNA Susan Russell, TAPAN
- ◆ National Conference Strategic Work Team-Jane Ehrhardt, LAPAN Michael Guillory, LAPAN Susan McDonald, TAPAN
- ◆ ABPANC Outgoing Board member-Betty Gibson, OSPAN
- ◆ 2009 Advocacy Award, ABPANC-Jonah Enriquez, TAPAN
- ◆ NIWI scholarship-Helen Riedesel, ISPAN
- ◆ Education Approver Outgoing Chair-Barbara Hannah, OSPAN
- ◆ Competency Based Orientation Manual Contributing Authors-Barbara Hannah, OSPAN Pam Windle, TAPAN Twilla Shrout, MOKANPANA Susan Russell, TAPAN Sandy Gardner, ISPAN

- ◆ Safety Tool Kit Contributing Authors-Pam Windle, TAPAN Cindy Ladner, MOKANPANA
- ◆ Newsletter Award-Annette Williams, MSPAN

ASPAN has 13,550 members—we need to continue to recruit through the member-get-a-member campaign. I also believe that each of us needs to encourage members-get-to-know-members. We have many members that may not have contacts with the local districts or the component. I would encourage the membership chairs and their committee to look over the rosters and find out if some of the members have ever come to one of the seminars offered. This member may just need the personal contact to encourage them to attend or answer questions they may have in order to become an active member. As always, feel free to call or email me for any questions or concerns that you may have.

**Dates of the Region 2 Component Meetings**

- PACNA (Arkansas)-August 1, 2009
- ISPAN (Iowa)-October 17, 2009
- LAPAN (Louisiana)-October 3, 2009
- MSPAN (Mississippi) February, 2009
- MOKAN (Missouri/Kansas) November 2009
- NAPAN (Nebraska) October 10, 2009
- OSPAN (Oklahoma) October 3, 2009 Spring TBD
- TAPAN (Texas) September 18-20, 2009

Twillia Shrout, BSN MBA RN CAPA  
 15400 J Hwy  
 Bunceton, MO 65237  
 Cell 660-888-3702; Home 660-427-5207; Work 573-814-6000 ext 53875  
[tshrout@aspan.org](mailto:tshrout@aspan.org); [tshrout@iland.net](mailto:tshrout@iland.net)

**President’s Message Continued from page 1**

kicked in to nursing mode. She helped nannies get children down to the lobby of her building. Her only help was an O.B. doctor and a retired paramedic but they made it work. She told the doctor to just tell them “I’m a doctor” and ask “are you hurt, where”. The people didn’t care what kind of doctor or nurse they were just that they were there and could do basic first-aid and could triage the people. It kept people calm and cared for.

Even though we hope we never have to live through another devastating event in our lives, it shows how nursing is in our

blood. We live by the example we show and our knowledge and abilities make us what we are. We are the comforters and healers for the public. The more knowledge we obtain the better prepared we are for life that gets in the way of going to work. As my year as President is quickly coming to a close, I would like to challenge you look at your life and become involved in your organization. Susan Russell is looking for volunteers right now and if you tell her what you like to do, she will find something for you that will challenge your interest. ◆

**TAPAN  
 Mission Statement**

“The Texas Association of PeriAnesthesia Nurses, as a component of the American Society of PeriAnesthesia Nurses, advances nursing practice through education, research, and standards.”



**TAPAN**

**District Presidents**

**District 1: Houston**

Meggie Kwan, RN, BSN, CAPA  
[mkwan1@slch.com](mailto:mkwan1@slch.com)

**District 2: Fort Worth**

Jill Booher, RN, BSN, CPAN  
[JaBooher@sbcglobal.net](mailto:JaBooher@sbcglobal.net)

**District 3: Dallas**

Prudence Nietupski, RN, BSN, CAPA  
[Pru\\_nietupski@yahoo.com](mailto:Pru_nietupski@yahoo.com)

**District 6:**

**Austin/San Antonio**

Leonard Allen, ADN, RN  
[Leonard.allen@Mhshealth.com](mailto:Leonard.allen@Mhshealth.com)

**District 7: El Paso**

Olga Ramirez-Rodriguez, RN, CAPA  
[olgamargarita1@hotmail.com](mailto:olgamargarita1@hotmail.com)

**District 9: San Angelo**

Edna Pabruada, RN  
[mariaepabr@sbcglobal.net](mailto:mariaepabr@sbcglobal.net)

**District 11: Lubbock**

Vern Pharr, RN, CCRN, CPAN, CAPA  
[vpharr@teamumc.com](mailto:vpharr@teamumc.com)

## Spotlight Across Texas: District News

### District 1: Houston / Gulf Coast

Marjorie Mira, RN, BSN, CAPA TAPAN District 1 will be holding elections for executive board 2009-2010 in the next 2 months. Past district president Deborah Davis, who heads the Nominating Committee, has been very busy encouraging and seeking out members who are willing and motivated to serve as District 1 officers.

Monthly district meetings are still in full force. The next meetings are June 2 (Tuesday) at 7 PM, July- no meeting, August 8 (Saturday) 11 AM, and September 1 (Tuesday) 7 PM. All members will be sent an email regarding the details one week prior to the meeting date. Sharon Hampton, chair of the Education Committee, has continued to provide the membership with excellent speakers.

We are inviting all TAPAN members from all over the state to come to Houston to attend the annual state conference September 19-21, 2009, at the JW Marriot-Galleria. We promise that you will have a wonderful time!!

### District 2: Fort Worth

Kathleen McCauley, RN, BSN Speaker Sherree Bennerr, RN, CBEC was inspirational and informative in her presentation "Keeping Abreast of Breast Cancer" . The April meeting held at Baylor All

Saints was organized by Becky Bogle RN and proclaimed "The most useful talk on breast cancer for nurses I have ever attended," by several attendees. Thank you to both Sherree and Becky for the great meeting.

Kathleen McCauley, was presented with the District Star award for 2008 at the April meeting. The presentation by past president Sharon Thorwald was a wonderful surprise.

We are organizing a program on wound care and the wound vac. The representative from KCI has graciously accepted our invitation to speak and will be providing breakfast. The wound care nurse from THAM has offered to do one contact hour presentation on wound staging and wound care. The date for this meeting is July 18th. So plan to take a break from the summer heat and join us at Texas Health Arlington Memorial for socializing and education.

### District 3: Dallas

Prudence Nietupski, RN, BSN District 3 will be hosting the 2010 TAPAN State conference. We are beginning to make plans and welcome anyone who would like to join in and make this an outstanding conference. Contact me at [bj.hillman@verizon.net](mailto:bj.hillman@verizon.net) . I look forward to hearing from you. Beverly Hillman District 3 treasurer

### District 6: Austin - San Antonio - Corpus Christi - South Texas

Debbie Bennett, RN, BSN, CAPA

District 6 continues to provide members with educational activities. On March 14<sup>th</sup>, Brownsville was the site for the ASPAN Seminar *Legally Speaking* by Meg Beturne. Over thirty-five participants attended. Lunch and door prizes were provided by the PACU of Valley Regional Medical Center. On May 16<sup>th</sup>, Methodist Stone Oak Hospital was the site for an inservice on Hypothermia. One free CEU was offered. Hospira, Inc. sponsored the event and provided brunch.

Mark your calendar for upcoming events: June 13<sup>th</sup> San Antonio will be the site for the ASPAN Seminar *PeriAnesthesia Nursing: Systems Review of Pathophysiology* by Myrna Mamaril. It will be held at the John Hornbeck Building, 4450 Medical Drive, San Antonio, TX. July 11<sup>th</sup> at 0900 Dr. Anupama Gotimukula will speak on the topic of Acute Pain Management in Pediatric Patients. It will be held at Methodist Stone Oak Hospital Conference Room, 1139 E. Sonterra Blvd., San Antonio, TX. Board Meeting will follow.

Serving the community is another important goal of District 6. In support of local charity events, general membership approved two worthy organizations. A donation of \$250.00 was awarded to both San

Antonio Komen Race for the Cure and the Camp for Children with Special Needs.

Dedicated nurses continue to volunteer and serve the district. Teresa Jaramillo accepted the position to Policy and Procedure. Betty Brookins-Thomas and Diane Parker became Membership Co-Chairs. Katherine Pugh and Nancy Frescas are to Co-Chair Ways and Means. Thank you ladies for caring and supporting your professional organization.

Please visit our website at [www.tapandistrict6.org](http://www.tapandistrict6.org) for up to date information on educational offerings and the latest news.

**District 7: El Paso**

Marie Fernandes, RN

We hope everyone had a Happy Nurses Week.

Our conference was postponed until next year, however we will be focusing on recruitment for the next coming months. We welcome new member Silvia Gamboa nurse from the recovery room at Sierra Medical Center, thanks to Aurelia Mata for recruiting.

Our PACU at PMH, as a 2 month inservice, reviewed the CME article on Post Op Complications over April and May. Each person then filled out and sent in forms for the Contact hours. The article review was done by Carolyn Prentice RN,CPAN, CAPA and Audrey

Karol RN. It is true those that teach learn the most. I highly recommend this article.

**District 9: San Angelo**

Susan Hinson, RN

No News Reported

**District 11: Lubbock**

Margaret Rosson, RN

We've had wonderful educational trips this last couple of months and look forward to information sharing among our membership!

Margaret Rosson attended ASPAN's national conference in Washington, DC in April, and Cindy Hill attended Nurse Day at the Capital in Austin, Texas and Nurse in Washington Internship in Washington, D.C. in March.

In addition we've been celebrating National Nurse Week with breakfasts, awards, and gifts to all our nurses. It's been a busy couple of



**Call for Leaders**

Susan Russell, RN, JD, CPAN, CAPA, P&P Coordinator

If you are interested in serving as a TAPAN officer, please contact Susan Russell, Immediate Past President and Chair of the Nominations Committee. Interested persons must submit a Willingness to Serve form. Forms are available on the TAPAN website. ♦

**TAPAN**  
**State Conference**  
**September 18-20**  
**Houston**

Submitted by Meggie Kwan RN, BSN CAPA, Conference Committee Chair

District 1(Greater Houston Area) is excited to host the next TAPAN conference and the planning began way back in August 2008. This will be held at the JW Marriot Houston, located in the Galleria area, Uptown Houston's most cosmopolitan business and shopping district. You will discover an array of nearby dining and shopping options along with world class attractions and unique entertainment.

I hope that you will come and experience this "*Stylish and Energetic Galleria Destination*". Not only that, we have great speakers lined up for you. Start planning, the seminar will be held on September 18 – 20, 2009.

See you there!

## The Power of Voice and Vote

Cindy Hill, RN, CPAN, CAPA, Governmental Affairs Chairperson



Political activity was not on my immediate horizon until I attended Nurse Day at the Capital in Austin in 2005. I attended as President of the Texas Association of PeriAnesthesia Nurses. It was quite an eye opening experience! The thought that I had access to my legislators was somewhat foreign in my thought processes as they seemed to be in a protected, unreachable environment. I was hooked! I have been writing, calling, faxing, and e-mailing my legislators at the state and national level since that time. They are eager to share information about the bills that they support. They even acknowledge my communication about the legislative issues that affect my life.

Why should nurses become politically active, you ask? Nurses have a very powerful voice. There are approximately 2.9 million nurses in the nation. We are the experts in healthcare. We contain the knowledge that our legislators need to be able to make informed decisions when they vote on the various bills that come before them. Our opinions really matter! If we don't let our opinions be known, we may be working under laws and guidelines that have nothing to do with real life at the bedside.

I was privileged to attend the Nurse in Washington Internship in Wash-

ington, D.C. in March. I was exposed to an intense program about legislative affairs and the workings of the Senate and the House of Congress. A panel of legislative staffers spoke to our group about real life on "the Hill". The one point that was made several times was the fact that our Senators and Representatives work for us. They expect to receive directions from their constituents about how to vote on the various bills that come before them. That would be you and me! We hired them with our votes. If we don't tell our legislators what we want, they will vote based on what they *think* we want. It is an interesting thought, isn't it?

The Internship prepared those of us who attended to meet with our Senators and Representatives. We had appointments scheduled before we arrived in Washington. We were prepared for the possibility of hallway meetings that lasted less than 5 minutes. Apparently, our program was presented at a very busy time for legislative activity. We were told that we might not even be in the same room with our elected officials but would meet with their Legislative Assistant assigned to healthcare. The Legislative Assistants work for the Senators and Representatives. They have the ear of the elected official, and they are well versed in the is-

ssues related to healthcare. There were two other nurses from Texas who attended which I found comforting. We met with the Legislative Assistants for both Senator Cornyn and Senator Hutchinson. They asked pertinent questions about nursing and healthcare issues, and they *listened intently* to our answers and concerns. And, yes, one of those meetings was held in the hallway of the Senate offices. There was simply no space that was free at that moment.

I was pleasantly surprised at the warm reception I received from the office staff of my District's Congressman, Representative Randy Neugebauer. Imagine my surprise when they showed me to Representative Neugebauer's office for a personal meeting with him and his Legislative Assistant for healthcare! I was there to ask for his support for \$215 million for the Nursing Workforce and Development programs at the Health Resources and Services Administration (HRSA) in FY 2010 funding. There was a request for added resources to the National Institute of Nursing Research (NINR) and a statement of support for nurses to be placed in the Congressional Record about the importance of the nursing profession to healthcare. It was very intimidating, but I had been well prepared by the internship classes.

I was able to answer most of his questions, but had some follow up work to do when I returned home. I even managed to keep the quiver out of my voice during our meeting!

The Internship was a dream come true for me. It was hard core proof that I have the ability to make an impact in the laws that affect my life. Will my legislators always vote the way I request? No, but I will have made the effort to

have my voice heard. I will use my voice every time I cast a vote in an election. I will monitor different bills that affect nursing and report to you about that activity. You may receive information that requires immediate contact with your legislators. Nurses have a very powerful voice especially when we gather as a group of 2.9 million! We *can* have a positive effect on our day to day practice. The following web sites contain a wealth of information:

Washington – House of Representatives: [www.house.gov](http://www.house.gov);  
 Senate: [www.senate.gov](http://www.senate.gov)  
 Texas: [www.governor.state.tx.us](http://www.governor.state.tx.us)  
 House of Representatives: [www.house.state.tx.us](http://www.house.state.tx.us)  
 Senate: [www.senate.state.tx.us](http://www.senate.state.tx.us).

I challenge each of you to find your voice and use it to make a difference! ♦

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## Certification Corner

Susan Norris, RN, CAPA, TAPAN 1st Vice President



Congratulations to everyone who accepted the challenge to take the CPAN and CAPA exams this spring. Beginning in April 2009, ABPANC began Computer-Based Testing. Exams are still offered twice a year, but you will have 2 six week windows during which to take the test. Your next opportunity to take either the CPAN or CAPA exam will be between October 5<sup>th</sup> to November 15<sup>th</sup> 2009. The next online registration window starts July 27<sup>th</sup>, 2009 and closes September 7<sup>th</sup>, 2009. Registering online allows for immediate notification that your application is accepted. Once your application is accepted you will receive information on how to schedule your appointment to take the test. There are currently 26 testing locations throughout the state of Texas. For further information on CPAN / CAPA certification, visit the ABPANC website [www.cpancapa.org](http://www.cpancapa.org)

Certification Coaches and Champions are currently certified CPANs and CAPAs who are passionate about certification and willing to share that passion with others seeking to become certified. TAPAN currently has 6 Coaches and 2 Champions. We would like to have a Coach and Champion in each District. If you are interested in becoming a Coach or Champion you can find further information on the ABPANC web site.

- Champions: Deborah Davis, RN, CPAN  
 Pamela Windle, RN, CPAN, CAPA
- Coaches: Aleli G. Cabali, RN, CPAN  
 Karen Jensen, RN, CPAN  
 Susan Norris, RN, CAPA  
 Carolyn Prentice, RN, CPAN, CAPA  
 Agnes Sibayan, RN, CPAN  
 Pamela Windle, RN, CPAN, CAPA



# from Washington D.C....

## Texans in Washington D.C.



TAPAN Board: front row: Cyndi Moeck, Eyeopener Editor; Hermie Robles, Treasurer; Les Rodriguez, Research Chair. Back Row: Susan Russell, Past President; Susan Norris, 1st Vice President; Linda Allyn, President

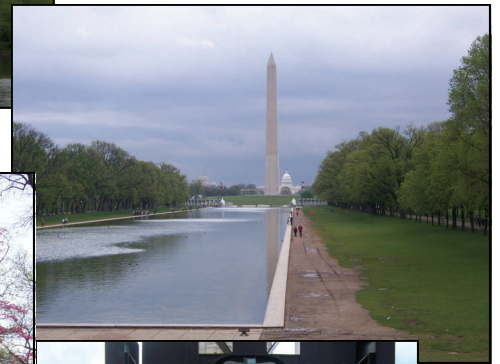
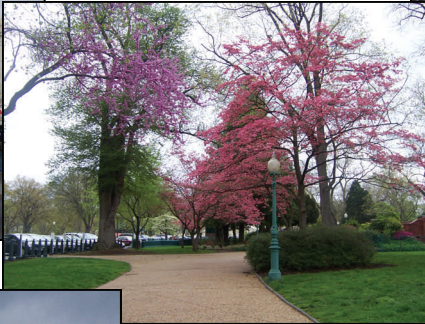


## The Gaylord National Harbor





# Our Nation's Capitol



## TAPAN's ASPAN 2009 Stars

Susan Norris, RN, CAPA, TAPAN 1st Vice President

The ASPAN Star Recognition program honors contributions of members who meet one of these criteria:

- ☆ Must make a significant, positive impact on ASPAN colleagues as evidenced through collaboration, esprit de corps in a project.
- ☆ Must make a significant, positive impact on ASPAN colleagues as evidenced through collaboration, esprit de corps in a project.
- ☆ Must make a significant contribution to the current work of ASPAN.
- ☆ Must make a positive impact on service excellence in the promotion of ASPAN in the community and/or in the Workplace.

The following TAPAN members were recognized as ASPAN Stars at the 2009 National Conference:

Linda Allyn

Cindy Hill

Videlyn Illacio-Uy

Susan McDonald

Cyndi Mocek

Amelia Pacardo

Susan Russell

Teresita Santiago

Pamela Windle

### CONGRATULATIONS!

## Texas Nurse's Quick Analysis, Action Saves Co-worker

Submitted by Cyndi Mocek, RN, Eyeopener Editor

Sharon Thorwald is a member of District 2 and a Past TAPAN President. The following is from Nurse-Zone.com (3/19). To read the entire article go to the following web address. <http://www.nursezone.com/Nursing-News-Events/more-news.aspx?ID=18866>

RN Sharon Thorwald (TAPAN member) acted quickly and on instinct when a co-worker called in sick with a horrible headache and unusual sleepiness. The clinical coordinator at Arlington Memorial Hospital in Arlington, Texas, could sense something was terribly wrong with G\*\*\*\* and told her to call 911 immediately. G\*\*\*\* got to the hospital in time to be successfully treated for subarachnoid hemorrhage, an often fatal condition. ♦

### TAPAN Operations

**ASPAN Region 2 Director**

Twilla Shrout, RN, BSN, MBA, CAPA  
[tshrout@aspan.org](mailto:tshrout@aspan.org)

**Eyeopener Editor**

Cyndi Mocek, RN, ADN  
[mocek.rn@sbcglobal.net](mailto:mocek.rn@sbcglobal.net)

**Policy and Procedure Coordinator**

Susan Russell, RN, JD, CPAN, CAPA  
[sprautx@aol.com](mailto:sprautx@aol.com)

**Governmental Affairs Chair**

Cindy Hill, RN, BSOE, CPAN, CAPA  
[chill@teamumc.com](mailto:chill@teamumc.com)

**Research Chair**

Les Rodriguez, RN  
[pmrod@sbcglobal.net](mailto:pmrod@sbcglobal.net)

## TAPAN Board Met March 21 & 22 in Houston

Deborah Davis, RN, BSN, CPAN, TAPAN Secretary



### March 21, 2009

Members Present: Susan Russell, Prudence Nietupski, Herminia Robles, Susan Norris, Linda Allyn and Deborah Davis.

Policy & Procedure: Susan Russell facilitated the updates on Policies: A-006, A-011, B-001, B-002, C-003, C-007 and R-001 effective March 2009.

2010 State Conference: Prudence . The location has not been decided. Chairpersons are Allison Watkins and Beverly Hillman. The possible date of the conference will be Sept. 17-19, 2010.

District 2 and 3 Merge: The board is agreeable to the two districts merging if they should decide to do so.

Treasurers Report: Herminia Robles brought quarterly financial auditing to the board members.

### March 22, 2009

Members present: Linda Allyn, Susan Russell, Herminia Robles, Susan Norris and Deborah Davis.

Treasurer's Report: Herminia Robles reported that the present balance is \$20,393.08. Susan Norris set up a PayPal account for the component.

2009 State Conference Committee Report: Herminia Robles reported that the conference committee has speakers and a variety of topics. Meggie Kwan and Lillian Bailey are the chairpersons. Exhibitors are being recruited. Registration fee: \$190-member, \$225-non-members. There will be 'early bird' and CPAN/CAPA (\$10) discounts this year. Late fee is \$25. Susan Russell suggested that we raffle a Perianesthesia textbook to be given to a nursing schools in the area. The state confer-

ence information was sent electronically to *Breathline* by Susan Norris. State Conference.

National Conference Events: The theme this year is American Heroes. The board dressed as astronauts. TAPAN donated \$500 to ASPAN National Development, and donated to the ASPAN Silent Auction.

Website: Susan Norris reported the next web update will be after the National Conference. TAPAN has a webpage on Facebook.

Gold Leaf Award: Submitted by Linda Allyn to ASPAN on Feb. 18, 2009.

Letters to Anesthesia: Susan Russell is appealing to Texas Society of Anesthesiologist and Greater Houston Anesthesiologist for financial support. Individual nurses may also ask M.D.'s (at their work places) for contributions. Susan has a cover letter of explanation of this campaign which includes the Tax ID. number.

Nurses Day at the Capital: Linda Allyn and Cindy Hill attended. Linda Allyn spoke to her congressman in person regarding some of the present bills.

New Business: District 4's status--President Linda Allyn and Immediate Past President Susan Russell will make contact with the members on the district roster to reconnect with this area. The board discussed the possibility of renaming districts (eliminating numbers and changing to regions).

A Leadership Conference will be set up in August 2009. Susan Norris and Herminia Robles will begin organizing this program.

Tee Shirt's for the Component will be checked into as a fund raiser. They will be sold at the state conference in September. ♦

## ABPANC Advocacy Award

Susan Norris, RN, CAPA, TAPAN 1st Vice President

The ABPANC Advocacy Award is designed to publicly recognize the CPAN and/or CAPA certified nurse who exemplifies leadership as a patient advocate. This year's recipient is Jonah Enriquez, BSN, RN, CPAN, CAPA. Jonah is a TAPAN member and works at Presbyterian Hospital, Plano, TX.

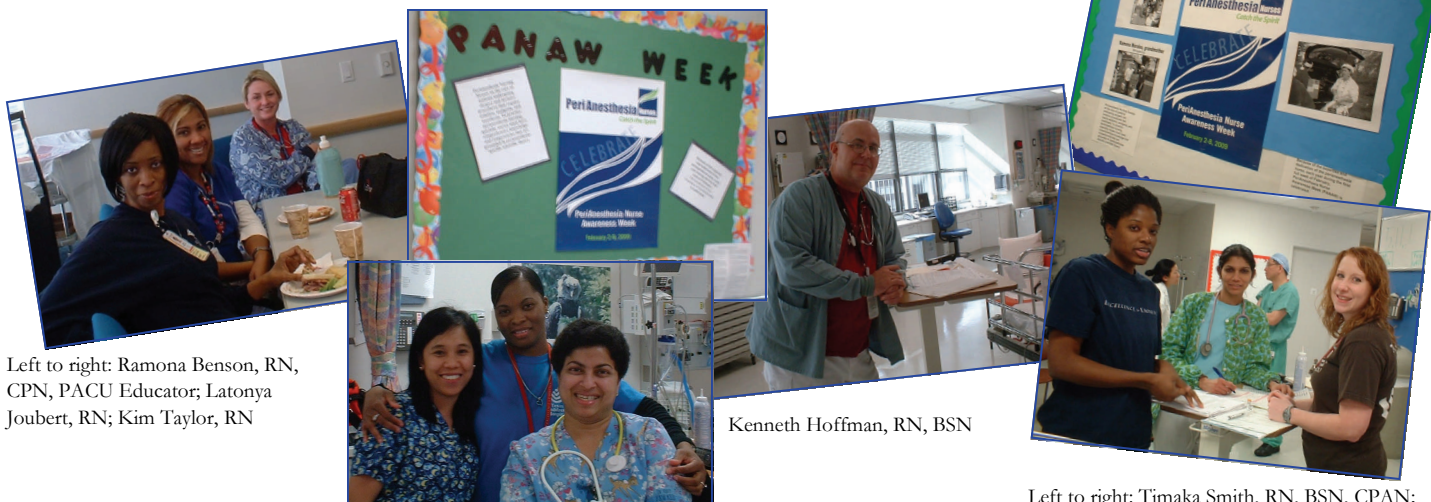


Jonah was presented with the beautiful Lladro Nurse Statue and a scholarship for her next recertification fee. The individual who took the time to submit the nomination, received a \$100 cash award. The unit in which Jonah works received a \$350 award to use for certification/recertification fees, books, or continuing education. ♦

## PANAW Celebration at Texas Children's Hospital in Houston Texas

The 2009 PeriAnesthesia Nurse Awareness Week (PANAW) Celebration at Texas Children's Hospital, Houston, Texas Medical Center was a big success! There was a nacho treat day and a deli luncheon. Educational information about ASPAN/TAPAN, Certification preparation and District I updates and awards were displayed and discussed.

**Organizers:** Deborah Davis, RN, BSN, CPAN and Ruby Saldahna, RN, BSN, CPAN ♦



Left to right: Ramona Benson, RN, CPN, PACU Educator; Latonya Joubert, RN; Kim Taylor, RN



Mary June Beunovista, RN; Stephanie Kellum, NA; Ruby Saldahna, RN, BSN, CPAN



Kenneth Hoffman, RN, BSN



Left to right: Timaka Smith, RN, BSN, CPAN; Mercy Johnson, RN; Christi Penix, RN

## Texas PeriAnesthesia Nurses Recognized Among Great 100 Nurses

Susan Norris, RN, CAPA, TAPAN 1st Vice President

Congratulations to Carol Jones, MS, RN, CPAN – Texas Health Presbyterian Hospital of Dallas and Dana Roper-Effinger, MBA, BSN, RN, NEA-BC, CPAN – Baylor All Saints Medical Center. Both were named in The Great 100 Nurses (Dallas / Fort Worth) by Advance for Nurses. ♦

<http://nursing.advanceweb.com/article/the-great-100-nurses.aspx?prg=20&CP=2>

## TAPAN on Facebook—Come Join Us!

Susan Norris, RN, CAPA, TAPAN 1st Vice President

TAPAN has set up a group on Facebook to provide members with a means of keeping up with current news and events in a timely manner. We have a “discussion board” for those seeking information and support as they prepare for taking the CPAN & CAPA certification exams. If you have a Facebook account and would like to join, just do a search for Texas Association of PeriAnesthesia Nurses and click on “Join this group”. ♦

## Formation of Chapters: Is This Your Opportunity for Local Involvement?

Susan Russell, RN, JD, CPAN, CAPA, P&P Coordinator



Over the past few years, many TAPAN Districts have struggled to find volunteers to fill offices. Consequently, smaller Districts have been absorbed by Districts based in bigger cities. Large geographic areas make it more difficult for members to attend meetings and feel connected to the organization. The TAPAN Board will establish rules for the formation of Chapters within the Districts before the next TAPAN State Conference in September, 2009. Member input is essential. The next TAPAN Board meeting will be held in June, at which time a draft of the Policy & Procedure for Formation of Chapters will be presented. The Board wants to know what minimum requirements should be considered to establish a Chapter. Please e-mail your responses to the following questions to [spraustx@aol.com](mailto:spraustx@aol.com) no later than June 10.

1. How many members in a given location should commit to formation of a Chapter?
  - a. 25
  - b. 10
  - c. 5
2. How should Chapters be funded?
  - a. with a portion of the dues sent to the “home” District?
  - b. additional Chapter dues established and collected by the individual chapter?
  - c. request for assistance for special projects from District on an “as needed” basis.
  - d. other?
3. How should Chapter locations be established?
  - a. by TAPAN Board
  - b. by individual District
  - c. by members wishing to form a chapter
  - d. Other
4. Should Chapters elect a representative/liaison or should the home District make the appointment?
5. If Chapters elect their own representatives/liaisons, should the Chapter representative/liaison be a member of the District Board? Should Chapter representatives/liaisons be voting members of the District board?
6. What minimum number of meetings should Chapters be required to hold annually?
  - a. one
  - b. two
  - c. four

## From the Editor



### *The Eyeopener*

is the official publication of the Texas Association of PeriAnesthesia Nurses (TAPAN).

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### *Eyeopener* submissions:

Members are encouraged to write to the editor with comments, suggestions, and/or articles of interest to PeriAnesthesia Nursing. Submissions must be typed and double spaced. It is the responsibility of the author of items submitted for publication in *The Eyeopener* to verify the accuracy of information and provide appropriate references. The editor and the TAPAN Board reserve the right to edit or reject submitted material.

### *Submission Deadlines:*

February 15: Spring Edition  
 May 15: Summer Edition  
 August 15: Fall Edition  
 November 15: Winter Edition

### *Send comments, suggestions and/or submissions to:*

Cyndi Mocek, RN  
 4333 Willow Bend Drive  
 Arlington, TX 76017  
[mocek.rn@sbcglobal.net](mailto:mocek.rn@sbcglobal.net)



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Representing the interests of the nation's 55,000 registered nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management.