



The Eyeopener

Newsletter of the Texas Association of PeriAnesthesia Nurses

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Inside this issue:

TAPAN Board Members; ASPAN: Goal A	2
President's Message cont.; TAPAN District Presidents	3
Spotlight Across Texas: District News; Call for Leaders; TAPAN State Conference	4, 5
Governmental Affairs: News from the Hill	6, 7
Newly Certified CPAN and CAPA Nurses in Texas	8
Governmental Affairs continued	9
TAPAN Board: Busy Working for You!	10, 11
Certification Corner; TAPAN Leadership Retreat	12
In Search of the Gold Leaf	13
District Chapter Formation	14
ABPANC Seeks Nominations	15
ASPAN 2010 National Conference	16

Where Does The Time Go?

It is hard to believe that this is the last time I will be addressing you in the Eyeopener as your TAPAN President. They say that the older you get, the faster time goes by. It seems like yesterday I went to that District 7 conference in El Paso and found out that they had a RN to BSN program on line and would accept diploma nurses as well as ADN nurses. My husband says that was the best conference I have ever gone to and has been well worth the time and money. I have officially graduated from The University of Texas at El Paso with my BSN and it was because I attended that conference.

That time went by fast and the last year has gone by even faster. By the time you read this you will have received an email asking you to go to surveymonkey.com and answer a few questions in two surveys for us.



Linda Allyn,
BSN, RN, CPAN, CAPA
TAPAN President 2008-2009

Please take the time to do this so we can give you what you need from us. If you do not have an email address listed with ASPAN, but have access to a computer, please find the information in this letter as to how you can be involved in your organization and have a voice in its future. There are two short surveys that we would appreciate you taking. We need your help, so we can change to better serve you.

We will be looking at where to have educational offerings and if restructuring the Districts into regions would be an answer to our districts that are struggling to obtain

officers to keep their District alive. The ability to have Chapters in the smaller populated areas is a new concept that District 6 has put into practice. It has worked well to help the outlying areas get conferences and support. This will be discussed in October at the leadership conference that is being planned in Austin. We will have the results of the surveys completed and will work from what those results are.

I hope to see many of you at the State Conference in Houston. The committee has worked hard to provide an excellent slate of speakers. We don't plan on any hurricanes this year for that area, so plan on going and having a good time. Bring an extra suitcase for shopping at the Galleria after the conference. It is right across the street this year.

CONT. on page 3

TAPAN

Board of Directors

President

Linda Allyn BSN, RN,
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Elgin, TX
lallyn@flash.net

***1st Vice President/
President Elect***

Susan Norris BScN, RN,
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Prudence Nietupski, RN,
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Treasurer

Herminia Robles BSN, RN,
CPAN
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Secretary

Deborah Davis, RN, BSN,
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Missouri City, TX
djdavis@texaschildrens-hospital.org

Immediate Past President

Susan Russell RN, JD,
CPAN, CAPA
Austin, TX

ASPAN

Mission Statement

“The American Society of PeriAnesthesia Nurses advances nursing practice through education, research, and standards.”



ASPAN: Goal A

Submitted by Twilla Shrout, RN, BSN, MBA, CAPA, Region 2 Director

Goal A: ASPAN will be its members' indispensable resource for perianesthesia education and knowledge exchange worldwide.

- Since May 2nd (first seminar following conference) there have been 8 ASPAN seminars and 4 Hosted ASPAN seminars.
- Recently released the Summer / Fall ASPAN Seminar brochure with a total of 24 educational offerings, 7 hosted and 17 regular seminars.
- Education Approver committee has already approved 3 applications with many new fall conference applications in the pipeline.
- National Conference Strategic Work Team (SWT) met June 2009 to plan the 2010 National Conference to be held in New Orleans, LA.
- 2010 National Conference theme announced: *Roots of Knowledge, Seeds of Transformation.*
- ASPAN representation at the British Anesthetic Recovery Nurses Association (BARNA) in June 2009 (L. Schick, J. Brady, D. O'Brien).
- ASPAN representation at the National Association of PeriAnesthesia Nurses of Canada (NAPANc) in Toronto, Canada in May 2009 (T. Clifford).
Provided National Association of PeriAnesthesia Nurses of Canada (NAPANc) direct link from ASPAN website.
- Members of the International Conference SWT crafted a survey to determine interest in an International Perianesthesia Nursing Conference.

“The American Society of PeriAnesthesia Nurses, British Anaesthetic and Recovery Nurses Association, Irish Anaesthetic and Recovery Nurses Association, and National Association of PeriAnesthesia Nurses of Canada are leading an effort to determine the interest in an international perianesthesia conference.”

Distributed survey to international contacts including at the International Council of Nursing 24th Quadrennial Congress in Durban, South Africa (L. Wilson).

CONT. on page 3

We are You and You are ASPAN

“We” are “you” and “you” are ASPAN. It is through careful balance of our vision and our resources that we can position ourselves for a stronger future. **Thank you for your contributions to ASPAN’s future!**

Terry Clifford
ASPAN President
2009-2010

- ASPAN engages in ongoing active participation with the Resourcefully Enhancing Aging in Specialty Nursing (REASN) through the development of a series of eight one-hour modules featuring core geriatric competency-based learning (J. Allen, M. Mamaril).
- Military/International Liaison preparing *Breathline* article (J. Allen).
- Currently revising the Education Approver Manual and Approver Application forms to meet the new American Nurses Credentialing Center (ANCC) Operational Requirements that go into effect August 1st.
- Component Development Institute, “Leadership: The Key to Balance” is planned to be held September 11 – 13 in coastal Portland, Maine with a total of 11 contact hours to be provided. Topics include an overview of legal issues, recommendations for succession planning and membership recruitment, tips on managing a budget, and hints for ANCC compliance for education designs, to name a few.
- Online *Breathline* was changed to a 2-column format with July/Aug edition, based on member feedback, to enhance online readability
- Embedded hyperlinks on all email addresses & website connections in online edition of *Breathline* take reader directly to the page location (e.g., MGM brochure, research and advocacy pages)
- *Breathline* currently reaching about 10% of members since going virtual

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President’s Message Continued from page 1

As you may have noticed, we did not have an election again this year. Like I said before life is short so get involved and live it now. We need you to commit to a couple of years as officers for your organization. I will be looking for some officers for next year and would like to have a slate of officers so we can have an actual election. Yes, there is a little work involved but no one is left by themselves. That is why it is called

a Board. It can be a lot of fun as well as the work. We will need a Treasurer and Vice President/President elect, so think about it. You can do it, and do a great job at it, so be ready to commit if I ask you. Better yet volunteer. You CAN do it. ◆

TAPAN
Mission Statement

“The Texas Association of PeriAnesthesia Nurses, as a component of the American Society of PeriAnesthesia Nurses, advances nursing practice through education, research, and standards.”



TAPAN

District Presidents

District 1: Houston

Meggie Kwan, RN, BSN, CAPA
mkwan1@slch.com

District 2: Fort Worth

Jill Booher, RN, BSN, CPAN
JaBooher@sbcglobal.net

District 3: Dallas

Prudence Nietupski, RN, BSN, CAPA
Pru_nietupski@yahoo.com

District 6:

Austin/San Antonio

Leonard Allen, ADN, RN
Leonard.allen@Mhshealth.com

District 7: El Paso

Olga Ramirez-Rodriguez, RN, CAPA
olgamargarita1@hotmail.com

District 9: San Angelo

Edna Pabruada, RN
mariaepabr@sbcglobal.net

District 11: Lubbock

Vern Pharr, RN, CCRN, CPAN, CAPA
vpharr@teamumc.com

Spotlight Across Texas: District News

District 1: Houston / Gulf Coast

Marjorie Mira, RN, BSN, CAPA
Greetings from TAPAN District 1 !! We are excited to be hosting the 33rd Annual TAPAN State Conference this coming September 18-20, 2009. This will be held at the JW Marriot Hotel here in Houston, TX. Our theme is “**Creating Legacies – Gateway to PeriAnesthesia Nursing**” . The conference chair, Meggie Kwan, and her committee members have been very busy these past few months planning for this prestigious event. And we are looking forward to seeing all TAPAN members from all over the state of Texas.

TAPAN District 1 is also busy planning for the upcoming PeriAnesthesia Certification Review to be held on October 17, 2009 and to be presented by Myrna Mamaril, MS, RN, CPAN, CAPA, FAAN. This will be held at the MD Anderson Cancer Center Mays Clinic from 8:00 AM to 4:55 PM. All attendees will be awarded 7.25 CEU's.

Our new members of the executive board for 2009-2010 will be announced and installed on September 1st, 2009 during the monthly district meeting. They will be responsible for all district 1 activities for the next 12 months and are looking forward to the involvement of all the members of our district.

Please email mmira@slch.com if you are a member of district 1 but not receiving any email updates or copies of the Snooze News, our quarterly newsletter.

District 2: Fort Worth

Kathleen McCauley, RN, BSN

Thank you to everyone who attended the Summer Program presented by District 2 and held at Texas Health Arlington Memorial. We had consistently positive feedback praising both the DCI representatives who updated the audience about the Wound Vac, and Betsy Forrest, RN, CWCN who taught us wound staging and treatment. We will be at John Peter Smith in Fort Worth for our Autumn program.

TAPAN District 2 meetings are thoughtfully organized to provide a time for fellowship as well as education. Please support this effort with your attendance.

We are looking forward to seeing you at our next meeting.

District 3: Dallas

Prudence Nietupski, RN, BSN

Plans for the 2010 TAPAN conference are continuing. If you would like to be involved in making these plans we welcome your participation. Contact me with your ideas for topics or speakers or if you would like to help make this a successful

conference. I look forward to hearing from you.

Beverly Hillman, District3

Treasurer bj.hillman@verizon.net

District 6: Austin - San Antonio - Corpus Christi - South Texas

Debbie Bennett, RN, BSN, CAPA

District 6 is proud to announce its executive board for 2009-2010:

President

Leonard Allen, CPT, USAR, RN

First Vice-President/President Elect

Jamie Woleben, RN, BSN, CPAN, CAPA

Second Vice-President--open

Recording Secretary

Debbie Bennett, RN, BSN, CAPA

Correspondence Secretary--open

Historian

Cielo Ascio, RN, BSN, CPAN

Treasurer- open

Treasurer Emeritus

Sandy Rodriguez, RN

District 6 is dedicated to providing opportunities for continuing education. The assembly held two inservices prior to the monthly meetings. Topics were Advances in Pediatric Airway Management by Dr Patrick N. Olomu and Acute Pain Management in Pediatric Patients by Dr. Anupama Gotimukula. One free CEU was offered for each of the in-services. Thank you co-

Governmental Affairs: News from the Hill

Cindy Hill, RN, CPAN, CAPA, Governmental Affairs Chairperson



I hope your summer has been all that you were hoping it would be! I have heard numerous sighs of relief from friends, family, and colleagues of the impending return of their children to school in the very near future. I suppose this signals a return to some sort of normalcy and routine in family life! Oh that we could be so lucky on the legislative front!

It is a busy time on the national front due to the debate on health care reform. I hope that all of you have been keeping an eye on the discussion from national committees to the highly reported “town hall meetings” that are being held all over the nation. It is no secret that some sort of health care reform is needed, but the biggest secret is exactly how it will occur and how it will be funded. I will include a number of web sites in this report for you to access so that you can monitor this important debate. It is my strongest hope that you will all become involved on some level of this important discussion and maintain contact with your Senators and Representatives. They need to know your thoughts about what you desire to see included, or not included, in the final bill that will govern health care for the lives of so many for years to come.

The Texas 81st Legislative Session was also very busy. It ended with ~7000 bills presented. The good news is that it was a good session for nursing! You will see the results of some of that legislation later in this report. There were

some strong protections added for nurses in this session. SB 476/HB 591, Safe Hospital Staffing, should go to Governor Perry for his signature in September.

It has been a privilege this year to work with our ASPAN GAC Chair, David Kay. He has spent many hours sending information about legislation and other information to those of us on the Governmental Affairs Committee. I hope you have received much of the information as I send it to key people in TAPAN to disseminate to our membership. I have included the summarized first quarter report from our new ASPAN President, Terry Clifford, about the progress from the ASPAN Governmental Affairs Committee in an effort to keep you apprised of the work done at the national level of our organization:

“Governmental Affairs Committee continues involvement with the American Nurses Shortage Relief Alliance (ANSR) (G. Near)

- ASPAN signed on with other nursing organizations to seek House and Senate support of President Obama’s FY 2010 budget proposal for the Nursing Workforce Development programs authorized under Title VIII of the Public Health Service Act.
- ASPAN commended the work of the House Tri-Committee on the Health Reform Draft Proposal along with other nursing organi-

zations (The Tri-Committee recognizes the fundamental need for accessible quality care and understands the contribution nurses will make to ensure the provisions of the bill are implemented).

- ASPAN supported the Nursing Community development of a brochure highlighting “Nursing Workforce Development Programs” in response to Title VIII of the Public Health Service Act (The Nursing Community is a forum for professional nursing and related organizations to collaborate on a wide spectrum of health care and nursing issues including practice, education, and research.
- ASPAN supported Senators who proposed the Nurses’ Higher Education and Loan Repayment Act of 2009.
- ASPAN supported Senators who crafted the Affordable Health Choices Act of 2009.”

National News:

President Barack Obama signed the Family Smoking Prevention and Tobacco Control Act into law on June 22nd. The American Nurses Association (ANA) applauds both President Obama and Congress for enacting legislation that allows the Food and Drug Administration (FDA) to regulate cigarettes and other tobacco products. The Family Smoking Prevention and Tobacco Control Act gives new oversight authority to the

FDA in regulating how the tobacco industry manufactures and markets products.

The Family Smoking Prevention and Tobacco Control Act allows the Food and Drug Administration to regulate the advertising, marketing, and manufacturing of tobacco products under the Federal Food, Drug, and Cosmetic Act. ANA believes that patient education and interventions to stop tobacco use should be central to good nursing practice. Prevention is key in reducing the number of youth who begin smoking every day. This bill would also grant the FDA the authority to prevent the marketing and sales of tobacco to kids. A healthy and safe environment, free of tobacco smoke, is a national public health priority.

Rachel Conant Capital Update, Vol. 7/Issue 4, July 2009

Seven states (CT, IL, NV, OH, OR, TX, WA) have legislated staffing committees in which staff nurses are empowered to establish staffing plans specific to unit and shift needs in collaboration with management. As a condition of licensing, Nevada's new law requires that health care facilities (hospitals in counties with a population of 100,000 more and greater than 70 beds) establish a staffing committee comprised of 50 percent direct care nurses who will develop staffing plans. It is expected that plans will be flexible enough to accommodate for changes in patients, staff, unit design, and technology. The experience of this new law will be summarized in a written report submitted to the Director of the Legislative Counsel Bureau

(even years) and the Legislative Committee on Healthcare (odd years). Similarly, Texas will establish a staffing committee to direct policy and devise a staffing plan for each unit, with one half of the membership required to be direct care nurses. Texas' law also includes provisions for whistleblower protections and mandatory overtime.

Capital Update, Vol 7/Issue 4, July 2009

“Wonderful news for nursing! President Obama's FY 2010 Budget Request proposes \$263 million for the Title VIII Nursing Workforce Development Programs. Should this level pass Congress, it will be the highest level of appropriations since the programs were created in 1964. The two programs to receive increases over FY 2009 levels are the Nurse Loan Repayment and Scholarship program (\$125 million, a 238% increase) and the Nurse Faculty Loan Program (\$16 million, a 39% increase). Two links are provided below for your reference.

Specific Funding Levels for Nursing Education Programs <http://www.aacn.nche.edu/Government/FY2010Chart.pdf>

Health and Human Services (HHS) FY 2010 Budget <http://www.hhs.gov/asrt/ob/docbudget/index.html>

Suzanne Begeny, MS, RN Director of Government Affairs American Association of Colleges of Nursing
Email: sbegeny@aacn.nche.edu

State News:

“Legislation supported by Texas Nurses Association (TNA) and Texas Hospital Association (THA) was filed on the second day of the 81st Legislative Session that was proposed to give direct patient care nurses in Texas a stronger voice in setting appropriate nurse-to-patient staffing levels at their hospitals. Senate Bill 476 was authored by Sen. Jane Nelson (R-Flower Mound), chair of the Senate Committee on Health and Human Services. Its companion bill in the House, H.B. 591, was co-authored by Rep. Donna Howard (D-Austin), a former critical care nurse, and Susan King, RN (R-Abilene).” (TNA announcement 1/14/09). I was fortunate to hear the Senate testimony regarding this bill when I was in Austin during Nurse Day at the Capital. The TNA representatives were concise and organized in their testimony about how crucial this bill would be to nursing. It was the first time I had the opportunity to be in this type of setting. As of June, it looked as if nursing had a good legislative session. Most of the nursing-initiated legislation passed. There are a few disappointments (APN and sovereign immunity), but on the whole it appears to have been a good session.

SB 476, Nurse Staffing Bill, passed. The bill passed without any discussions or amendments. Apparently, Rep. Thompson had amendments drafted to file on behalf of CNA/NNOC but decided to withdraw those amendments. It is unknown what was in the amendments. Bottom line is the bill passed without any amendments or

Newly Certified CPAN and CAPA Nurses in Texas

CPAN

Claire Zimmermann of Houston
 Lourdes Maningat of League City
 Jill Perez of Dallas
 Robin Omer of Corpus Christi
 Lori Klaus of Dallas
 Linda Jones of The Woodlands
 Kenneth Parker of Conroe
 Elizabeth Peden of Tyler
 Leslie Hale of Houston
 Sandra Brown of Tyler
 Maria Edna Pabruada of Abilene
 Michelle Phillips of St. Paul
 Manuel Deleon of Tuscola
 Renee Benware of Azle
 Pamela Sprowls of Alvarado

Toni Milne of Cleburne
 Catherine Kelley of Cleburne
 Marla Dunlap of Arlington
 Huong Dao of Austin
 Francis Brisoso of Pearland
 Linda Jacques of Abilene
 Carlos Mateo of Houston
 Rachel Wall of Tyler
 Maru Luis Ladilad of Brownsville
 Pres Ida Pimentel of Dallas
 Jamie Woleben of Austin
 Jeralyn Simmons of Frisco
 Tara Drennan of Dallas
 Preeti Patel of Grand Prairie
 Veronica Cantu of Dallas

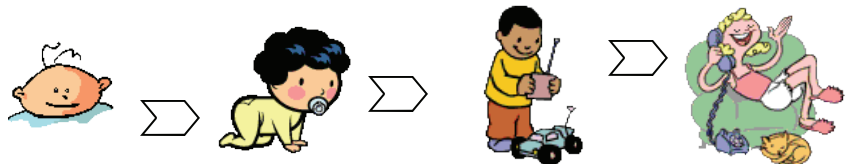
CAPA

Tania Garcia of Tyler
 Denise Taggart of Bedford
 Debra Elk of Denison
 Reid Brown of New Braunfels
 Jamie Woleben of Austin



Pediatric Corner

Submitted by Deborah Davis RN BSN CPAN



1. Define Newborn:
 - a. 1-7 days old
 - b. 1-24 days old
 - c. Less than 72 hours old
 - d. More than 72 hours old
2. This age group feels that the nurse should know when they are in pain:
 - a. Teens
 - b. Preschoolers
 - c. Toddlers
 - d. Infants
3. In stage II of general anesthesia:
 - a. The eyes are deviated
 - b. The eyes are straight
 - c. The eyes are fixed and dilated
 - d. The patient is capable of swallowing
4. When defibrillating a pediatric patient, initially charge the paddle to
 - a. 4 J/kg.
 - b. 2 J/kg.
 - c. 9 J/kg.
5. True or False: Children are more vulnerable to acceleration-deceleration head injuries because they have insufficient musculoskeletal support larger head sizes proportionally.

Answers: 1. c 2. a 3.a 4.b 5.True

Governmental Affairs Continued from page 7

anyone speaking against it. The bill went back to the Senate for Sen. Nelson to concur in the technical clean-up changes that were made in House Public Health Committee.

SB 1415 giving BON more options in addressing minor violations. SB 1415 has passed and been sent to the Governor for his signature.

HB 3961, omnibus bill addressing nursing regulation. HB 3961 is on Senate Local & Uncontested Calendar for Thursday. The bill still includes the agreement reached on the Excelsior College issue.

Nursing Shortage Funding. The appropriations bill is in final stages and it looks like nursing schools will get \$30 million in new funding plus the existing \$15 million for a total of \$45 million.

Advanced Practice. This is one of the disappointments, but it was not unexpected. SB 532 (TMA/convenient clinic negotiated bill) passed. Floor amendments improved the bill to address charity/disaster clinics and to increase the number of APNs/per physician from 3 to 4. Attempts to add the two APN-initiated bills (autonomous practice and prescriptive authority agreement model) were unsuccessful.

SB 2719, Waiver of sovereign immunity. Waiver of sovereign immunity for publicly-employed nurses was withdrawn from House Local and Consent Calendar due to objections from Texas Conservative Coalition. It did not pass this session.

The following are some links related to the discussion about health care reform. They focus on costs, problems with the current health reform legislation, and opposition.

FACE THE NATION Health Care Bill's Progress July 19, 2009 8:48 AM. [Will Congress deliver a health care reform bill before the August recess and where will the money come from?](http://www.cbsnews.com/video/watch/?id=5173152n) Harry Smith spoke with Sen. Orrin Hatch (R-Utah) and Rep. Charles Rangel (D-N.Y.). <http://www.cbsnews.com/video/watch/?id=5173152n>

CBO estimates House bill would cost \$1.04 trillion
<http://www.modernhealthcare.com/article/20090715/REG/307159991>

[Freshman Democrats say reform bill could hurt small business](http://www.modernhealthcare.com/article/20090719/REG/307199994)

<http://www.modernhealthcare.com/article/20090719/REG/307199994>

[Baucus \(Senate Finance Committee Chair\) notes progress, says more time needed](http://www.modernhealthcare.com/article/20090717/REG/307179963)

<http://www.modernhealthcare.com/article/20090717/REG/307179963>

Democrat notes CBO chief's warning on reform costs

<http://www.modernhealthcare.com/article/20090716/REG/307169948>

Lawmakers need to take time on healthcare reform (Comments from a SC MD)

<http://www.modernhealthcare.com/article/20090717/REG/307179953>

Quality Care: Key to health care reform is discussion about quality (A great comment from Intermountain Healthcare's CEO, Dr. Charles Sorensen)

<http://www.utahceomagazine.com/article.php?id=343>

<http://www.congress.org/congressorg/home/>

www.HealthReform.gov

There is a lot of information to digest, but I hope you will give it your utmost attention. I hope to see many of you in September at the 33rd Annual TAPAN Conference in Houston! As always, please make your voices heard in the nation's capital and here at home in Texas! ♦



TAPAN Board: Busy Working for You!

Deborah Davis, RN, BSN, CPAN, TAPAN Secretary

Dallas: June 13, 2009

Members Present: Linda Allyn, Susan Russell, Susan Norris, Deborah Davis and Prudence Nietupski.

Guest: Beverly Hillman.

Members of the Executive Board met with the 2010 State Conference Planning

Committee Chairpersons: Prudence Nietupski and Beverly Hillman. Grapevine hotels were visited.

Policies and Procedures:

Susan Russell, Immediate Past President, lead the review and revision of Policies.

- New Policy # B-004, Formation of District Chapters was reviewed and is not yet completed.
- Policy (L-001) Leadership retreat was revised and accepted.
- Policy (P-002) Policy and Procedure Coordinator was revised and accepted.
- Policy (P-003) TAPAN was revised and accepted.
- Policy (C-006) Duties and Responsibilities of the Election Committee was revised and accepted.

Dallas: June 14, 2009

Members present: Linda Allyn, Susan Norris, Susan Russell, Prudence Nietupski and Deborah Davis.

Treasurer Report: Linda Allyn reported that there was a balance of \$22,086.67.

Secretary Report: Deborah Davis submitted the March 21-22, 2009 minutes for review. Corrections were made. The minutes were accepted with corrections.

2009 State Conference Committee Report: Updates from Herminia Robles were presented by Linda Allyn. Linda Allyn emphasized the importance of inviting ASPAN President: Theresa Clifford, VP--Kim Kraft, Regional Two Director--Twillia Shroul and the ABPANC representative to the conference. The brochure needs to be completed and sent to all ASPAN officers and the Breathline.

The Officer's Orientation meeting will be on Saturday September 20, 2009 from 5:30-6:30 pm.

A/V Equipment: The board decided to use the J.W. Marriott's A/V equipment for the state conference and use the hotel's audio visual technician.

A motion was made by Deborah Davis to purchase an LCD projector to be used for TAPAN meetings. The motion was seconded and passed.

A motion was made by Susan Russell to limit the purchase price of the LCD projector to \$3000.00. The motion was seconded and passed.

There was discussion about creating an Educational Scholarship program. It is hoped the program will be ready to announce this year at the conference.

There will be a community service project at the state conference this year. Deborah Davis will organize a blood pressure screening.

2010 State Conference Committee Report: Prudence Nietupski and Beverly Hillman are the chairman. The conference will be in the Dallas/Fort Worth area. The board and the chairman visited hotels in Grapevine, Texas on June 21, 2009.

TAPAN Website: Susan Norris reported that the website was current. The picture gallery from the National Conference in Washington D.C. is available to view.

Letters to Anesthesia: Susan Russell sent a letter for fund solicitation to Texas Society of Anesthesiologist, pres. Dr. Jekot.

District 2&3 combining: Linda Allen reported that Jill Booher, District 2 President, was invited to the board meeting. She was not present. Linda Allyn will contact her again. District 2 and 3 includes the Dallas/Fort Worth/Longview/East Texas Area.

District 4: This district (Amarillo area) will be contacted again by Linda Allyn to determine if it is active. There must be a slate of officers from this district by September 2009 in order for this district to be active.

Survey Monkey: Linda Allyn will be sending a survey to all TAPAN members soon to get information about how the state board can better serve the members.

New Business: The board discussed having two new individual awards for members. There would be an

award for clinical practice and advocacy. Members would nominate other members and the recipients would be recognized at the state conference.

TAPAN Board Meetings: The Executive State Board meets six times a year. The board's next scheduled meeting will be Aug. 8 and 9, 2009 in Houston, Texas.

Houston: August 8, 2009

Members Present: Linda Allyn, Susan Norris, Deborah Davis, Hermie Robles and Prudence Nietupski and Cyndi Mocek.

Guest: Meggie Kwan

Policies and Procedures: Immediate Past President Susan Russell led discussion on the new Policy B-004 *Formation of District Chapters*.

Susan Norris led discussion on the *Excellence in Clinical Practice Award* and *TAPAN Student Nurse Scholarship*. These awards will promote individual excellence. We will introduce these awards at the state conference in Sept. 2009 and in the *Eyeopener*.

Meggie Kwan, state seminar committee co-chairperson reported on the state conference. The brochures for the seminar were reviewed.

Susan Russell reported that the TSA (Texas Society of Anesthesiologist) replied to the financial support letter. TSA will get back to us about support by mid-September.

Prudence Nietupski, co-chairperson for the 2010 State Seminar, reported that the Hilton Hotel (Grapevine) requires a deposit to secure the venue. We will place a deposit for this location. The hotel fees were reviewed by the board. Hermie Robles will be contacting the hotel's conference coordinator to negotiate the downpayment.

Houston: August 9, 2009

Members present: Linda Allyn, Hermie Robles, Cyndi Mocek, Susan Russell, Susan Norris, Prudence Nietupski and Deborah Davis.

Treasurer Report: Hermie Robles reported a balance of \$24,558.51. Hermie submitted a quarterly audit. The audit was reviewed by board members and accepted. So far, 8 vendors have paid to participate in the state conference.

Secretary Report: Deborah Davis submitted the June 14, 2009 minutes for review. Corrections were made. The minutes were accepted with corrections.

2009 State Conference: Hermie Robles brought state conference brochures to the meeting. Deborah Davis will be mailing out seminar brochures to ASPAN officers and nursing schools. Susan Norris will make sure that the presidents of Region II components get brochures to the state conference.

A/V will not be purchased. Hermie Robles will chair the state conference fundraisers. Fundraisers will be (50/50 and TAPAN membership). Hermie Robles will check on getting the tee shirts to sell as a fundraiser.

A new TAPAN State banner will be checked into by Susan Norris and Linda Allyn.

2011 State Conference: Linda Allyn and Susan Russell will check into Austin, Texas sites.

October Leadership Retreat: Linda Allyn will be securing a location in Austin. Date: Oct. 24, 2009.

Linda Allyn will have executive board business cards made for each board member. All executive board members need to send her their personal information for the cards.

Survey Monkey: Linda Allyn is composing the survey and will distribute it to all members via email. She hopes to have results by the state conference.

Website: Susan Norris reported that the state conference information is on the website. Susan reported that each district needs to inform her of information about upcoming educational offerings.

District 4: Linda Allyn will place a letter in the *Eyeopener* to see if there are any active members in the Amarillo area.

TAPAN Pins: Linda Allyn will check on into updating the pins and having them for sell at the state conference.

Eyeopener: Cyndi Mocek asked that we submit articles to the newsletter by August 15, 2009.

Next Board Meeting: Oct. 25, 2009 in Austin, Texas. ♦





Certification Corner

Susan Norris, BScN, RN, CAPA, TAPAN 1st Vice President

Are you due to recertify this fall?? ABPANC is implementing a new Online Recertification System. CPAN and CAPA certified nurses will use this system to:

- ✦ Submit an application to recertify their certification status through the Continual Learning Program (through contact hours);
- ✦ Create an online certification account;
- ✦ Review, update and edit their Certificant Profile information; and keep track of and log their contact hours during their three year certification period through ABPANC's Electronic Filing Cabinet.

While the *process* for recertifying will be different, the Continual Learning Program (through contact hours) is unchanged. The window for recertifying online in the Fall 2009 began at midnight, August 1 and runs through 11:59 pm October 31. Certification status expires on November 1.

Good luck to everyone who has accepted the challenge to take either the CPAN or CAPA exam this fall. The final deadline for registering for the exam is September 21st. Check the TAPAN website for upcoming educational offerings to help you prepare. Please be sure to let us know when you pass the exam so that we can recognize your achievement.

Certification Coaches are currently certified CPANs and CAPAs who are passionate about certification and willing to share that passion with others seeking to become certified. TAPAN currently has 6 Coaches. We would like to have at least one Coach in each District. If you are interested in becoming a Coach you can find further information on the ABPANC web site.

Certification Coaches:

Aleli G. Cabali, RN, CPAN

Karen Jensen, RN, CPAN

Susan Norris, RN, CAPA

Carolyn Prentice, RN, CPAN, CAPA

Agnes Sibayan, RN, CPAN

Pamela Windle, RN, CPAN, CAPA

TAPAN Leadership Retreat

Susan Norris, BScN, RN, CAPA, TAPAN 1st Vice President

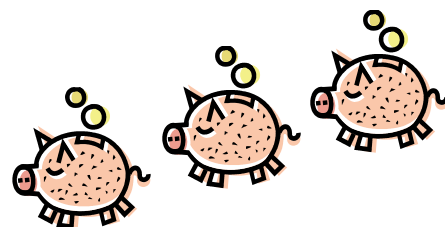
TAPAN will be holding its annual Leadership meeting October 24th in Austin, TX. The meeting will provide an opportunity for TAPAN and District leaders to review the goals for the organization and to address issues affecting the membership. Details will be sent to District Presidents and posted on the TAPAN website once plans are finalized.



Treasury Report

Hermie Robles, RN, CPAN, Treasurer

TAPAN account balance as of August 2009: \$24, 528.51



In Search of the Gold Leaf

Susan Norris, BScN, RN, CAPA, TAPAN 1st Vice President

Our TAPAN President, Linda Allyn, worked many hours getting our Gold Leaf Application in order this year. We would like to get information throughout the year instead of having everyone digging out information at the end of the year. We need you to send all your information to me as it becomes available so it can be added as we go along. We can then get credit for everything we are doing. I am looking at creating a quarterly report that will facilitate collecting this information. Following is a list of the items that I need you to send me:

1. Individual member achievements, accomplishments, and activities need to be passed on to the officers so it can be recognized.
2. District offerings that provide contact hours, we need a copy of the certificate.
3. Community service projects and education projects.
4. Does your District provide membership or certification scholarships?
5. Do you have coaches for certification?
6. Has your district hosted a ASPAN seminar?
7. What did your District or area do for PANAW week?
8. What research projects are you doing?
9. Have you made a contribution to ASPAN Development?

These are some of the topics we need documentation on for the Gold Leaf. This is also information that your state officers would like to know about so we can recognize you for a job well done. This is a team effort and we need your support if we are going to submit a winning application.

I can be reached at snorris96@comcast.net, or send it to me at 11206 Fall Breeze Dr., Houston TX 77064. ♦

TAPAN on Facebook—Come Join Us!

Susan Norris, BScN, RN, CAPA, TAPAN 1st Vice President

TAPAN has a set up a group on Facebook to provide members with a means of keeping up with current news and events in a timely manner. We have a “discussion board” to provide current information to the membership and for those seeking information and support as they prepare for taking the CPAN & CAPA certification exams. If you have a Facebook account and would like to join, just do a search for Texas Association of PeriAnesthesia Nurses and click on “Join this group”. The TAPAN group is a closed group meaning you must be a TAPAN member to join.

From the Editor



The Eyeopener

is the official publication of the Texas Association of PeriAnesthesia Nurses (TAPAN).

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Eyeopener submissions:

Members are encouraged to write to the editor with comments, suggestions, and/or articles of interest to PeriAnesthesia Nursing. Submissions must be typed and double spaced. It is the responsibility of the author of items submitted for publication in *The Eyeopener* to verify the accuracy of information and provide appropriate references. The editor and the TAPAN Board reserve the right to edit or reject submitted material.

Submission Deadlines:

February 15: Spring Edition
 May 15: Summer Edition
 August 15: Fall Edition
 November 15: Winter Edition

Send comments, suggestions and/or submissions to:

Cyndi Mocek, RN
 4333 Willow Bend Drive
 Arlington, TX 76017
mocek.rn@sbcglobal.net



District Chapter Formation: TAPAN Introduces Newest Policy

Susan Russell, RN, JD, CPAN, CAPA, P&P Coordinator

During the June and August TAPAN Executive Board meetings, the Board addressed chapter formation. While chapters are not a new concept, TAPAN's process for establishing a chapter was never specifically articulated. A policy addressing that gap was drafted and introduced in June. It was finalized and approved at the August Board meeting. The policy establishes guidelines for formal recognition of perianesthesia nurses who want to meet in a specified geographic area within a TAPAN district. Board members believe these guidelines could revitalize activities at the local level. We hope local chapters will also promote opportunities for fellowship and community involvement.

Basic prerequisites for chapter formation include the following:

- Application to the TAPAN Board by the District President;
- Designation of a Chapter Chairperson;
- A minimum of 5 active TAPAN members in the proposed location;
- A minimum of 2 Chapter meetings per year;
- Proposed location must be 30 miles or more from the District headquarters*; and

Chapters may apply for renewal every 3 years.

TAPAN districts are struggling to keep members involved. There are a variety of reasons including time, distance and a lack of candidates to fill district offices. Some of the original TAPAN districts are no longer active. The Board committed to constructive solutions. Chapter formation is one step. Incoming President, Susan Norris, anticipates additional reorganization and revitalization of TAPAN Districts during the coming year.

TAPAN's Bylaws require that policies and procedures be reviewed every three years. At each Executive Board meeting, time is set aside for this purpose. New policies are written to meet the changing needs of the organization. The Bylaws are available for review on the TAPAN website. Each district receives a current copy of the TAPAN Policies and Procedures at the Annual State Conference. This year, the 2009-2010 TAPAN Policies and Procedures will be distributed in electronic format to each District President at the District Officers Meeting held during the Annual Conference. Additional information regarding chapter formation will be available during that meeting. All district officers are encouraged to attend. All interested TAPAN members may attend. Board members will be present to answer your questions regarding chapter formation or any other TAPAN Policy. ♦

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ABPANC Seeks Nominations for Board of Directors

ABPANC is accepting nominations for RN Director positions for the 2010-2012 terms of office. The term of office on the Board of Directors is two years.

Service on the ABPANC board is a truly exceptional way for an individual to fulfill his or her desire for professional involvement and to influence the nursing care given to perianesthesia patients and their loved ones.

Nominees must express a commitment to the perianesthesia nursing specialty and to professional certification. They must view specialty nursing certification as a means for public protection and be committed to professional certification as a means of validating the knowledge, skills and abilities required to practice perianesthesia nursing in order to promote quality patient care. The ability to understand issues related to certification from a *global* perspective is key. Additionally, nominees must be CPAN® and/or CAPA® certified.

In addition, all nominees must:

- Possess integrity
- Possess *excellent* verbal, written and interpersonal skills
- Be team players
- Be confident public speakers
- Excel at coaching and mentoring others
- Have recognized leadership skills
- Have previous experience serving as a volunteer leader in a national organization
- Be computer literate and have access to a computer



A *Nomination Application*, which contains complete information about ABPANC, the process for nominations and elections, position accountabilities, Conflict of Interest policies, commitments, and required written materials is found on the ABPANC website at www.cpancapa.org on the Latest News section of the home page, and may be downloaded.

Further qualifications

ABPANC seeks individuals who are passionate about the perianesthesia specialty and certification. While this passion is expressed in many ways, often including membership in one's professional organization, it is not a requirement for ABPANC service. Since ABPANC is a certifying organization, it is precluded by law from requiring membership in any professional association, including ASPAN, as a requisite for service on the ABPANC Board of Directors.

ABPANC needs your help in identifying qualified perianesthesia nurses and consumers to serve in leadership roles. If you know of qualified individuals or *you* share our commitment, have a willingness to serve, and are ready for a true professional challenge, please mail, email, or fax a letter of nomination or self-nomination to:

ABPANC

475 Riverside Drive, 6th Floor

New York, NY 10115-0089

ATTENTION: Nominating Committee Chairperson

800) 622-7262 (Press Option 2) or fax (212) 367-4256

abpnc@proexam.org

All nominations must include the individual's name, home address, and business and home phone numbers. Upon receipt of a nomination, ABPANC will send informational materials describing the responsibilities and commitments for a board position as well as the nominations and election process. **Self-nominations are encouraged.**

**NOMINATIONS MUST BE POSTMARKED NO LATER THAN
NOVEMBER 30, 2009.**



ASPAN'S 29TH NATIONAL CONFERENCE

April 18–22, 2010 • New Orleans Marriott • New Orleans, Louisiana



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Representing the interests of the nation's 55,000 registered nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management.